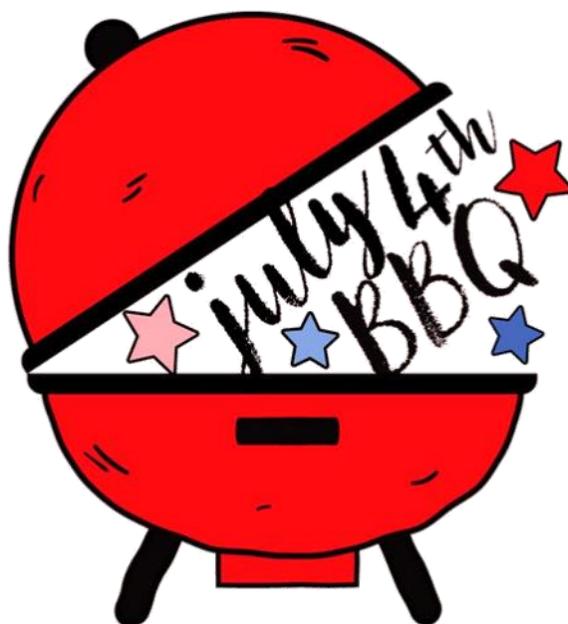


# HILLTOP HIGHLIGHTS

## Inside:

*Join Your Friends & Neighbors for a:*



## Also Inside:

☞ **Special Recognition of Our Volunteers**

Announcing:

☞ **The Summer Lawn Concert Series**

☞ **Aladdin's Lamp Update**



### A note to website viewers:

This page does not appear in the printed version. Please scroll down to see the rest of this month's Hilltop Highlights. And, since the printed version is done only in black & white, you can see, here, the full color of the original design.

**Contact Information:**

Office Phone:

760-757-3937

24 Hour Emergency

(Water & Plumbing)

760-757-3937

Fax: 760-757-8177

Website:

[www.oceanaseniors.org](http://www.oceanaseniors.org)

Accounting:

[accounting@ocaoffice.org](mailto:accounting@ocaoffice.org)

Maintenance:

[maintenance@ocaoffice.org](mailto:maintenance@ocaoffice.org)

Homeowner Concerns:

[office@ocaoffice.org](mailto:office@ocaoffice.org)

Non-emergency Police  
(to report suspicious activity):

760-435-4900

Emergency Police:

**911**



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"Your son-in-law's not here this afternoon. He's gone to your funeral."

**Office Staff:**

**General Manager** Scott Humberstone  
office@ocaoffice.org

**Property Administrator** Karen Walter  
kwalter@ocaoffice.org

**Receptionist/Landscaping** Emily Simpson  
esimpson@ocaoffice.org

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maintenance@ocaoffice.org

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**Admin./Cte. Asst.** Tracy Richardson  
trichardson@ocaoffice.org

**Accounting Mgr.** Glenda Yzaguirre  
gyzaguirre@ocaoffice.org

**Contact for all:** 760-757-3937

**Office Hours:**

Mon.-Wed., 8:30 am-4 pm  
Thurs., 8:30 am-5:30 pm  
Fri., 9 am-3 pm

**Office Information**

- The deadline to submit information for The Hilltop Highlights is the 1<sup>st</sup> Friday of every month. Email to: kwalter@ocaoffice.org.
- Have a payment to make or a work order to submit after office hours? Please use the new drop box located on the front/west side of the OCA Business Office. It is checked Mon. through Fri.
- How do I submit a work request? Both maintenance work requests and landscape work requests are available on our website: www.oceanaseniors.org. After completion, submit your form via office@ocaoffice.org, by fax to 760-757-8177 or by visiting the Business Office. All work requests are prioritized with other scheduled work. We do respond to an emergency situation (e.g. sewer back-ups and exterior water leaks) within 24 hours. After normal business hours and on weekends emergencies should be reported to our live answering service at 760-757-3937.
- Are you moving? Do you have a neighbor who has moved or passed away? Please provide such information to Karen Walter at the OCA Office at kwalter@ocaoffice.org.

**Board of Directors**

**President** Kelly Byrne  
kbyrne@ocaoffice.org

**Vice President** Karen Bishop  
760-440-8250  
kbishop@ocaoffice.org

**Secretary** Anita Romaine  
760-519-7592  
aromaine@ocaoffice.org

**Treasurer** Peggie Moore  
949-887-4641  
pmoore@ocaoffice.org

**Director** Peter Cornog  
215-802-2705  
pcornog@ocaoffice.org

**Director** Steve Gillis  
920-362-9701  
sgillis@ocaoffice.org

**Director** Sandy Riser  
520-360-2081  
sriser@ocaoffice.org

**Keep Informed  
Oceana**

OCEANASENIORS.ORG

**City of Oceanside**

CI.OCEANSIDE.CA.US

**San Diego County**

SANDIEGOCOUNTY.GOV

**Report City Code Infractions**

Call 760-435-4500

CI.OCEANSIDE.CA.US/GOV/DEV/CODE/  
OVERSEE.ASP

The monthly General Session Board of Directors' meeting will take place at 9:30 am on the last Wednesday of the month. It will be both in-person in the Auditorium and virtual—the link will be communicated to residents via email and on the posted Agendas.



## A Message From a Member of our Board Of Directors

**A**s we transition from spring to summer in the north county, we can make several observations about the vibrant natural world around us.

Down by the community garden, there is new life as the coyotes in the canyon have pups and the roadrunners have chicks. There are lots of flowers and vegetables growing in the garden plots, fruits in the new orchard behind the garden, and lots of diverse specimens in the plant nursery. Many of the plants there have come from the Friendship Garden and are already finding new homes in other locations in Oceana. A new pathway and other hardscaping will begin the restoration of the Friendship Garden thanks to the generosity of BrightView. Have you noticed the new landscaping along the north side of Vista Campana South?

The 2022-2023 Strategic Plan has been completed after months of work. Many thanks to Wade Messer and his wife, members of the Strategic Planning committee, present and past Boards of Directors, and community members who attended focus groups. The final draft of the plan will be presented to the membership by the end of June. This plan will be a roadmap for Oceana for the next year, listing specific goals and objectives to be completed, who is responsible for completing these goals and objectives, and target dates for completion. Please take the time to read it. It is the plan forward for your Oceana!

Risk management is a top priority of your Board of Directors. The cost of liability insurance for the Association will rise in the next year. Anything that can be done proactively to keep members safe and reduce fall risks needs to get immediate attention. Please report any unsafe situations to the office.

**Peter Cornog,  
Director**

## Special Recognition for Oceana Volunteers - 3<sup>rd</sup> Edition

**O**ceana is very dependent and blessed by our many volunteers. Along with the HOA staff, it takes many people many hours to put on the activities we have as well as filling necessary committees and boards (some required by law) that help make our community then envy of many.

The Activities Committee benefits from these volunteers and decided it was time to recognize them. So a few months ago we asked the community to nominate any of your neighbors and friends who have helped our community in different ways. A small group from the Activities Committee put together a plan to recognize them in the Hilltop highlights newsletter over 3 months. This is the 3rd month in which this month we will highlight a pair of outstanding volunteers along with several other well deserving nominees.

### July Special Highlighted Volunteers:

**Jim and Ginny Romans.** Both Ginny and Jim have been volunteers in many different areas of Oceana. Jim has been on numerous committees (Architecture) and served on the Board of Directors. Ginny has been very active on the Activities Committee (Secretary for



years) and with Jim has volunteered for nearly every event held at Oceana. Jim would also greet folks coming into Coffee Hour asking if they were new or was celebrating a birthday or anniversary and later volunteered to get up early to get the coffee started on Thursday mornings. In addition, he is an expert in setting up any audio-visual requirements for groups and entertainers. Plus, Jim is the Woodshop coordinator. I'm not sure what we would have done without all of their willingness to help our community.

**Connie Ferguson:** Connie has contributed on many causes here at Oceana. No one probably knows all of them... but here are a few. She took over the Aladdin Project at Oceana, espe-

cially for the new rock garden upgrade ("Oceana Rocks") community project. Along with Anita Romaine, they made this a huge success. She has continued to work with the plants in the project well after the official completion. She was on the nominating committee a few years ago too. She took this very seriously as she walked around to all the neighborhoods with her package of information and clipboard asking if folks would run for the board. And she has also worked on the Landscape committee in the past and has been a great volunteer for other projects at Oceana. She found time to set up a drop off library at her house and also rides her bike throughout the Oceanside neighborhoods.

**Jay Norris:** Jay has been gradually been getting more and more involved in Oceana activities. He has been a Unit Advisor (and was Co-Chair for a period of time). He is the current Chair of the Architecture Committee. He has also served on the Nominating Committee for OCA. And he's also trained on the auditorium's audio visual equipment to help out when needed. Not sure how he does all of this and still plays pickle ball as well as travel frequently with Pat his wife in their RV. Thanks Jay for stepping up to help our community.

**Don Betts:** You can't mention the OCA Computer Room without thinking about Don Betts. He has been the coordinator/contact for years. He has tirelessly supervised this operation to provide computer services to Oceana residents. He has now "retired" from this position because the demand has been low and fewer volunteers to help out. When folks have computers at home, many of us have not noticed the continued work of Don and his volunteers have done each week. Thanks Don!

**Ken Rische and Bruce Cowgill:** Ken Rische and Bruce Cowgill could be recognized individually for their contributions to Oceana. But as a "team" they have been dynamic! They have collaborated on numerous projects to provide a picture, analysis and solutions of many situations. Bruce with his engineering background sees operations or situations that are not going very well and starts to figure out how to improve them or make them more efficient. Ken does the same with his observations and desire to improve work and ways to save dollars and resources. He is very good at doing cost/benefit analysis work. It seems when they are asked (sometimes they just do this on their own) to work on something, they come through. It is a great combination of Bruce's

engineering background and Ken's financial background to find solutions and explanations of operations. They are now tackling together a review of our energy consumption and proving that our new solar system is saving us dollars and how much. Ken's strong accounting background has recently been extremely helpful in helping our accounting staff work through several accounting issues.

**The Two Landscape Slope Guys - Ed Harrod and Steve Zimmerman:** There are a couple of men who spend a great deal of time working to improve the slope behind their houses the past few years. They live next door to each other in Unit 7, house numbers 43 and 44. The back of their homes face south and back up to Vista Campana South by Street G. Most weekends and other days you can find them pulling thousands of weeds and replacing the plants along the slope behind their houses. They are making this area of the slope a much more beautiful place. We are recognizing them for their efforts. This might be a little controversial with them doing landscape work and not part of the landscape committee. But regardless, they are doing a great job!

**Two More Landscape Guys: Kevin Immel and Bill Mathews:** Kevin and Bill have been doing landscape projects together all around our property. They both worked on "Oceana Rocks". And since then you could find them down by the Garden and Dog Run areas doing some beautiful work down there at the bottom of the hill by the Maintenance buildings. They have transformed the areas around the street to a landscaping masterpiece. The area has a sign which identifies the work they have helped to transform: "Vista Bella Gardens". The design of the landscape is very well done and the work is outstanding. If you have not been down there recently, you will be wonderfully surprised! We wonder what they are working on now. Thanks guys!

**Denny Hanrahan:** Big thanks to Denny for his generosity and tireless efforts to bring "Carol's Court" to Oceana. The new outdoor Pickle Ball court is a great tribute to a great lady!

**Steve Reigle:** Steve has done an incredible job of organizing, planning, and communicating with all the Pickle Ball players over the past several years. He was also instrumental in setting up the new rules for use of the new outdoor court. When new players come to start playing, he is excellent in helping them learn the game and understand the rules. He helps make Pickle Ball a fun activity at Oceana.

**Al Arnold:** A little-known, behind the scenes volunteer who is invaluable to OCA's operation is Al Arnold, our volunteer Highlights editor. He works tirelessly by himself each month to create an informative, professional newsletter from a pile of emails, hard copies, and scraps of paper! And, he has been at it for over five years! He is so dedicated that when he fell recently and broke his back, he called from the hospital to give a "heads up" that he would be out of commission for a while! Al is wonderful and we would not have a monthly Highlights newsletter without him.

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Please feel free to nominate others to recognize their volunteer efforts. Send any nominations to: [office@ocaoffice.org](mailto:office@ocaoffice.org). Or drop it off in person at the office.

**Chuck Cruise**




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## May Activities Events

Here's a quick summary of some of the Activity Events held in May. This is in addition to all of the various clubs and groups that meet regularly during the month. This gives you an idea of what you attended or may have missed. We are trying some different, fun and interesting activities. We hope you like what we are doing. And we encourage you to let us know what you would like... and if you would like to help plan and put on our events. We do have a lot of fun!

### Happy Hour with Margaritas Night:

We had an even bigger attendance for our second evening Happy Hour night. This event also had planned to have a CBD presentation... but the presenter came down with COVID. We filled in with some music. And it turned out to be a good evening after all. We will need to re-schedule to do the CBD presentation later in the year.

**Kentucky Derby Day** was cancelled due to some of our volunteers out sick. Sorry! Maybe next year we will add this date into our Activities Calendar.

### Bingo Night:

We brought back Bingo on May 18th... but it was in the evening instead of at Coffee Hour and just as fun! Chuck Kruse and Ellen Marciel



led the festivities and called the games! If you got it... call out BINGO!!!

**Memorial Day Party:**

Wow! We had over 150 people signed up for



this event! We used about every table we could find to seat everyone. (We might have to limit the sign-ups if these events get much bigger!) The weather was fabulous (as expected in the San Diego area). Tip Top meats provide the "fixins" which included ribs, chicken, salad and beans. We had a small "keg" beer as an option too. Entertainment was the trio "Sweethearts of Swing". They always put on a great show! We had plenty of positive comments on the event. We don't think anyone left hungry. Watch the flyers for our upcoming events and be sure you sign up.



**Coffee Hour:**

Folks attending our Thursday Morning Coffee Hour were delightfully entertained in May. We again moved the first Thursday Coffee Hour to the evening as we did the previous month (where we had margaritas!!). The rest of the month was done at the regular 9 am morning time slot.



**Upcoming Activities**

Announcing:

**The Summer Lawn Concert Series**

**Saturday, July 23, 5 pm-7 pm**

**John Lowery  
Country & Rock Night  
(See details on next page)**

**Saturday, August 20, 5 pm-7 pm**



**Cheeseburgers & Margaritas  
Cost: \$8 - Sign up Aug. 8-18**

**Saturday, September 17, 5 pm-7 pm**

**Mission Vista High School  
Steel Drum Band**

**Bring your own picnic  
Cost: \$10 - Sign up Sept. 5-15**



Entertainment included Adrienne Nims, flautist, with some fantastic playing on her flute, piccolo, and saxophone. An old favorite Peter Seltser entertained with his guitar music and singing. And the Barbershop Chorus called "The Music Men" provided a patriotic show the last Thursday of the month before Memorial Day. Some great fun singing!

**Charlie Wendt  
Activities Secretary**

# Activities

**Monday, July 4, 1 pm-4 pm**

## A July 4<sup>th</sup> BBQ

Catered by:  
 Tri-Tip or Chicken  
 Sandwiches  
 Potato Salad and Fresh  
 Fruit plus Drinks  
 (Vegetarian burger by request only)  
 Music by **Jimmy & Enrique**



**When:** July 4, 2022  
 1 - 4 pm  
**Where:** Poolside  
**Enjoy:** Sandwiches, Sides,  
 Beer, Wine, Soda  
**Signup:** June 20-30  
 in Office  
**Fee:** \$15 per Person

**Thursday, July 14, 5 pm-7 pm**

## Margarita Night



Beef & Turkey Sliders  
 & Chips  
 from Eddie Chiw  
 Music by **Ron Cook**

**When:** July 14, 2022  
 5 - 7 pm  
**Where:** Clubhouse  
**Enjoy:** Margaritas +++  
**Signup:** July 5-12  
 in Office  
**Fee:** \$5 per person

**Saturday, July 23, 5 pm-7 pm**

## A Summer Lawn Concert: Country & Rock Night

Pulled Pork Sliders, Coleslaw &  
 Chips from Eddie Chiw - BYOB!  
 Music by **John Lowery**



**When:** July 23, 2022  
 5 - 7 pm  
**Where:** Clubhouse  
**Enjoy:** Sliders & Sides -  
 BYOB!  
**Signup:** July 15-21  
 in Office  
**Fee:** \$10 per person

**Please Note:** Whenever we have an event there is usually a requirement to sign up at the office by a cutoff date. Lately we have not been vigorously enforcing the requirement. This results in problems for both the food vendors and maintenance setup staff. Starting this month, we will be enforcing the cutoff date.

# COFFEE HOUR

*Now with Espresso. Get caffeinated. Get energized. Get dancing!*



- July 7 : Bingo
- July 14 : Celeste  
Blues & Jazz Solo Vocalist
- July 21 : Trivia
- July 28 : Double Take  
Goes Well with a  
Double Shot of Espresso

Questions? Call the office at 760-757-3937

## Summer Travel Advice

The following was extracted from the "Chief's Corner" on *The City of Oceanside website*. We present it here for the benefit of OCA members who may be planning extended summer trips.

Summer is coming and we want to share a few tips to make sure you enjoy the summer travel season. Unfortunately, when you go on vacation, thieves go to work.

Don't ruin a summer vacation by becoming a victim. Make personal safety and residential security a priority before you take a trip.

### Before You Leave For Your Trip

- Schedule free vacation home checks with the Oceanside Police Department Senior Volunteer Patrol Program by calling 760-435-4763
- Lock all windows and doors before you leave.
- Set your alarm system, if you have one.
- Make your home appear to be "lived in."
- Use variable timers for interior lights and televisions.
- Close all curtains and blinds.
- Stop mail and newspaper delivery, or have a trusted neighbor collect them for you.
- Leave your trip plans, and an emergency phone number, with someone you trust.
- Make copies and record your passport(s), credit cards, and traveler's checks.
- Give a copy of pertinent documents to a family member or friend for safekeeping.

### While On The Road

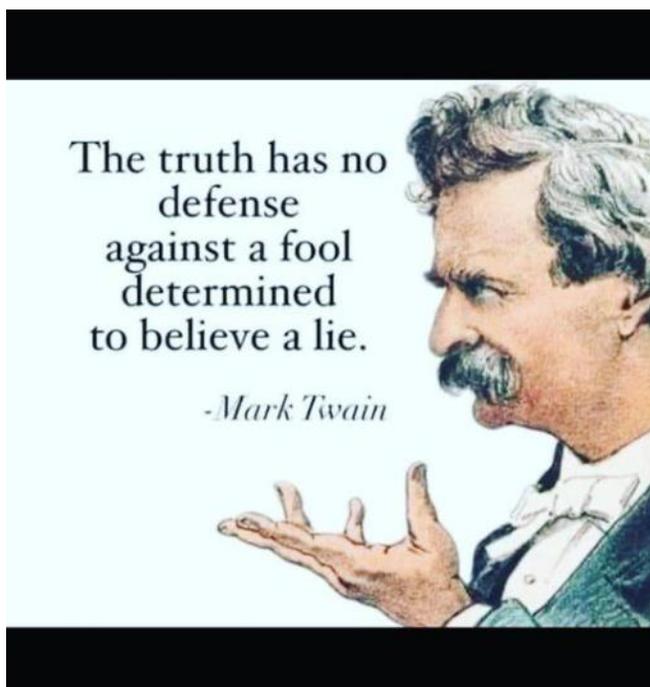
- Do not advertise your travel plans on social media. Share all about your trip when you return.
- Never carry large amounts of cash. Use traveler's checks or credit cards.
- Keep careful tabs on your plane, train, or bus tickets - they're as valuable as cash.
- Carry your personal items close to your body.
- Carry your wallet in an inside coat or front trouser pocket.
- Be aware of your surroundings. Ask the lodging staff about problem areas.
- Avoid advertising that you are a tourist by the way you dress.
- Select tour guides carefully through reputable companies.
- Make sure everyone in your party knows your hotel's name, address, and phone number. If members of your group separate, be

sure they check-in at prearranged times and locations.

- By following these simple crime prevention strategies, you can stay safe and focus on a fun and relaxing vacation.

Stay connected with the Oceanside Police Department on Facebook, Twitter, Instagram, and YouTube for additional safety tips.

**Have a great summer Oceanside!**



## Obituaries

Tony Hoople died on May 26, 2022, one day before the 38<sup>th</sup> Wedding Anniversary with his wife, Janice. The couple had lived here in Unit 8 for 24 years and had a very happy life together.

Tony cared about Oceana and wanted to make it a great place for all to live. He served on the Board of Directors as well as on the Facilities Maintenance and Architectural Committees.

Tony leaves his wife, Janice, 2 daughters, 7 Grandchildren and 3 Great Grandchildren.

We offer our deepest condolences to Tony's family and friends.

# Things To Do at OCA

**Art Studio** -Art Studio - Wed., 1-3pm. Info: call Mary Hall, 714-595-4138.

**Billiards** -Thurs. 10:30am. Friendly group for socializing and skills improvement.

**Ceramic Studio** -open Mons. 9:30-12:30 and 1-3:00pm every Tues., Thurs. and Fri. Info: Dee Dee Young, deedeeyng@yahoo.com.

**Chair Volleyball** - Mon. and Thurs. at 1pm. Clubhouse. Info: Dave Freeman at 818-262-0788

**Computer Room** - Open Tues.-Fri., 10-12 and 1-3.

**Discussion Group** - Thurs. at 10:30am (following Coffee Hour) in the Library. Info: Carol Rishe at 951-894-7109.

**Dominos Group** - Tues., 12:30pm in the Card Room. Info: Dona White at 760-533-2484.

**French Club** - Wed., 11am-Noon in the Library. Call Danae at 760-529-9226.

**Friends of Bill W.** -Wed. at 5:00 pm. Card room. Info: Lin Riley 760-730-3371.

**Garden Club** - Meetings on occasion. Reserve space in our garden. Info: Kevin Immel 760-305-2160

**Hand & Foot** - Fridays at 12:30 pm. Info: Joan Jeffery at 760-637-2384

**Keep Fit Exercise Class** - MWF 8:30-9am. Auditorium. Info: Tom Trompeter, 760-681-7100.

**Knitting** -Thurs. at 10:30am in the Card Room. Info: Karen Jacobson 760-757-2477 or Dee Wylie 760-231-9577.

**Lapidary Shop** -Mon. thru Thurs. 1-3pm. Info: John Pitarresi at 760-917-6631.

**Meditation Group** -Friday evenings outdoors. Info: Jean Rothman at 760-303-1972.

**OCA Book Club** -10 am 2<sup>nd</sup> Tues. of each month in the Library.

**Pickleball** - Sun., Mon., Tues. and Fri.. Play levels: Open, Advanced Open and Invitation Only. Clubhouse. See the Calendar for specifics. Info: Steve Reigle.

**Pinochle** Mon. at 1 pm. Card Room. Double or triple deck; 3,4,5 and 6-seat tables. We play for fun. Info: Joyce Poxon 760-859-6728.

**Poker** - Tuesdays 6-8pm. Info Glenn Groth at 760-754-9646.

**Sing-Along** - Thurs. 6pm in the Auditorium. Bring snacks & drinks. Info: Glen Hemingway 760-518-5716.

**Trivia** -Mon. 7-9pm. Card room. Info: Colleen Eidson 760-529-9999

**Water Aerobics**

**Mornings:** 8:00am Mon/Wed/Fri.

**Woodshop** -Tuesday-Friday 1-3pm. Info: Jim Romans 949-742-2311.

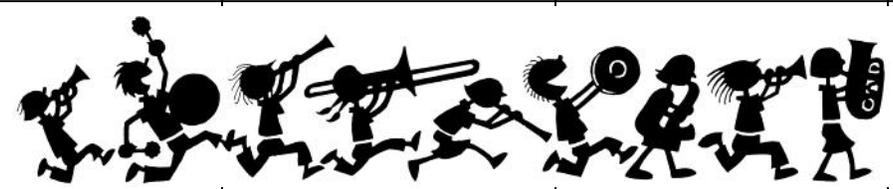
**Yoga - Chair:** Mon. at 10am. Auditorium.  
- **Floor:** Tues. 7-8 pm.  
Info: Peggie Moore, 949-887-4641



**Events Scheduled Every Week—By Weekday**

Every Sunday	Every Monday	Every Tuesday	Every Weds.
<b>Pickleball</b> Private: 12-2:30pm Private: 4pm-6pm 	<b>Ceramics:</b> 12:30pm-3:30pm <b>Chair Volleyball:</b> 1-2pm <b>Chair Yoga:</b> 10am <b>Keep Fit Class:</b> 8:30am (Auditorium) <b>Jewelry &amp; Lapidary:</b> 1-3pm <b>Pickleball</b> Open: 2-4:15pm Private: 4:15-6:30pm <b>Pinochle:</b> 1-4pm <b>Seniors on the Go:</b> 9-11am <b>Trivia:</b> 7-9pm <b>Woodshop:</b> 1-3pm	<b>Ceramics:</b> 12:30pm-3:30pm <b>Computer Rm:</b> 10-12am & 1-3pm <b>Dominoes:</b> 12:30-4pm <b>Gentle Hatha Yoga:</b> 7-8pm <b>Jewelry &amp; Lapidary:</b> 1-3pm <b>Pickleball</b> Advanced: 9am-Noon Open: 2-4:30pm <b>Poker:</b> 6-8pm <b>Share &amp; Wear:</b> 10-2pm <b>Woodshop:</b> 1-3pm	<b>Art Room:</b> 1-3pm <b>Carving Club:</b> 6-8pm <b>French Club:</b> 11am-Noon <b>Friends of Bill W.:</b> 5:00pm <b>Keep Fit:</b> 8:30am <b>Jewelry &amp; Lapidary:</b> 1-3pm <b>Putting Practice:</b> 10am (Golf Course) <b>Share &amp; Wear:</b> 10-2pm <b>Woodshop:</b> 1-3pm

**Other Scheduled Events**

Sunday	Monday	Tuesday	Wednesday
			
3	1-4pm July 4 BBQ - Poolside 	5	6
10	11	12	13
17	18	19	20
24	25	26	27
31			9:30am Open BOD Mtg.-Auditorium 12 pm BOD Exec. Session

J  
U  
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Y

Every Thursday	Every Friday	Every Saturday
<b>Billiards:</b> 10:30am <b>Ceramics:</b> 12:30pm-3:30pm <b>Chair Volleyball:</b> 1-2pm <b>Coffee Hour:</b> 9am (See below) <b>Computer Rm:</b> 10-12am & 1-3pm <b>Discussion Group:</b> 10:30am (Library) <b>Knitting:</b> 10:30am <b>Jewelry &amp; Lapidary:</b> 1-3pm <b>Share &amp; Wear:</b> 10-2pm <b>Sing-Along:</b> 6pm (Auditorium) <b>Woodshop:</b> 1-3pm	<b>Ceramics:</b> 12:30pm-3:30pm <b>Computer Rm:</b> 10-12am & 1-3pm <b>Hand &amp; Foot:</b> 12:30pm <b>Pickleball</b> <i>Advanced:</i> 1-3pm <i>Open:</i> 3-5:30pm <b>Share &amp; Wear:</b> 10-2pm <b>Tai Chi:</b> 10-11:30am <b>Woodshop:</b> 1-3pm	

Thursday	Friday	Saturday
	<b>1</b>	10am-2pm SSS  <b>2</b>
<b>9am Coffee Hour- Bingo</b> <b>7</b>	<b>8</b> 10am Landscape Cte.— Billiards Room	<b>9</b>
<b>9am Coffee Hour- Celeste</b> <b>14</b> 2 pm SPC Mtg.—Library <b>5-7pm Margarita Night -Clubhouse</b>	<b>15</b>	<b>16</b>
<b>9am Coffee Hour- Trivia</b> <b>21</b>	<b>22</b>	<b>23</b>  5-7pm A Summer Lawn Concert: Country & Rock Night - Clubhouse
<b>9am Coffee Hour- Double Take</b> <b>28</b>	<b>29</b>	<b>30</b>   <i>National Cheesecake Day</i>

# OCA Group Membership

## Activities Committee

**Meets:** 1<sup>st</sup> Tues. ea. Month,  
10 am, Card Room  
Chair  
Secretary  
Share & Wear Mgr.

Chuck Kruse  
Charlie Wendt  
Linda Garcia  
Pat Hawkins  
Mary Hurban  
Don Jones  
Ellen Marciel  
Karin Messaros  
Sue Moore  
Kathleen Pursell  
Carol Rishe  
Isabelle Strubhar  
Ginger Thayer  
Karen Bishop  
Sandy Riser

**Board Exec. Cte.**  
**Board Exec. Cte.**

## Architectural Committee

**Meets:** 2<sup>nd</sup> Tues. ea. Month,  
9:30am, Card Room  
(Agenda deadline: 1<sup>st</sup> day of month)  
Chair U 12  
U 10,11  
U 3,7, A  
U 1,1A,4  
U 12  
U 5  
U 8  
U 9  
U 2,6

Jay Norris  
Lisa Bagot  
Fritz Beechler  
Mike Castoro  
Bruce Cowgill  
Jay Crawford  
Chuck Daily  
Lesa Jones  
Paula McDonald  
Kelly Byrne  
Peter Cornog

**Board Exec. Cte.**  
**Board Exec. Cte.**

## Landscape Committee

**Meets:** 2<sup>nd</sup> Fri. ea. Month,  
10am, Billiards Room  
Interim Chair

Mike McLaughlin  
Debra Demary  
Sue Mansis  
Bill Matthews  
Steve Omler  
Peter Cornog  
Peggie Moore  
Anita Romaine

**Board Exec. Cte.**  
**Board Exec. Cte.**  
**Board Exec. Cte.**

## Strategic Planning Committee

**Meets:** TBD  
Chair

Wade Messer  
Patricia McArdle  
Sue Moore  
Mary Murphy  
Mike McLaughlin  
Steve Omlor Tain Soreboe  
Peter Cornog  
Steve Gillis  
Peggy Moore

**Board Exec. Cte.**  
**Board Exec. Cte.**  
**Board Exec. Cte.**

## OCA-TV Committee

Geoff Allison  
Lee Mansis  
Steve Milligan  
Theresa Loverro  
Anita Romaine

**Board Exec. Cte.**

## Safety Committee

**Meets:** 1<sup>st</sup> Wed. ea. Month,  
5pm, Comp. Room  
Acting Chair, 510-701-4044  
(on leave)  
703-254-8916  
214-0221

John Moore  
Dr. Andrea Anderson  
Patricia McArdle  
Alice Nolan  
Toby Roberts  
Dorothy Thayer  
Sandy Riser

**Board Exec. Cte.**

## Unit Advisors Committee

**Meets:** 2<sup>nd</sup> Wed. ea. Odd-numbered Month,  
9 am, Clubhouse Auditorium  
Chair  
Secretary

Jeff Kern  
Diane Pettibone

**Unit**

1 - Ron Landsel	760-231-7586
1A - Linda Langworthy	562-301-1346
2 - (Open)	
3 - (Open)	
4 - Sally Lopez	760-421-4187
5 - Evelyn Thomas	760-681-4716
6 - Steve Lawler	760-419-7011
7 (1-34) - Renee Maricque,	920-562-3436
7 (35-62) & 7A - (Open)	
8 - Kathleen & Dan Pursell	760-439-9282
9 - Jeff Kern	908-420-1853
10 - Judy Hartmann	909-518-8767
11 (1-45) - MaryAnn Alger	503-348-9959
11 (46-77) - Diane Pettibone	760-803-1637
12 (1-53) - Jaci Ackles	760-845-4612
12 (54-98) - Elaine McClendon	626-940-4487
14 - Toby Roberts	760-721-6077
& Kristine Hale	858-775-4253

Steve Gillis  
Sandy Riser

**Board Exec. Cte.**  
**Board Exec. Cte.**

## Website Committee

**Meets:** 1<sup>st</sup> Wed. every Month,  
10am, Computer Room

Patricia McArdle  
Robin Ynacay Nye  
Evelyn Thomas  
Karen Bishop  
Anita Romaine

**Board Exec. Cte.**  
**Board Exec. Cte.**

### **Attention all Committee Chairs:**

Please contact the OCA office to inform them of any changes to your committee, either times, days, or new contacts for your committee. We need to update all the committees so the Oceana residents can be able to attend your meetings and not be misinformed. Let's keep everyone up to date and active. Thank you.

*(NOTE: Unless otherwise indicated, the deadline for Cte. Agendas is 10 days prior to the mtg.)*

# Updates From The Isle

## JULY AT EMERALD ISLE



**UPCOMING  
LIVE MUSIC DATES**

# JULY 1

4-6PM VILLAGE GARAGE BAND  
6-8PM FRANCIOS & LOU LOU

# JULY 15

4-6PM VILLAGE GARAGE BAND  
6-8PM AUDIO PERDISCO

# JULY 29

4-6PM BAREL & LANA  
6-8PM JASON JENKINS

- RESERVATIONS ARE FOR PARTIES OF 6 OR MORE
- RESERVATIONS COME WITH A SERVER FOR YOUR PARTY
- PLENTY OF OPEN SEATING AVAILABLE
- EACH NIGHT WILL HAVE A SELECT MENU BY CHEF ANT

## UPCOMING OCEANA ONLY CLINIC DATES

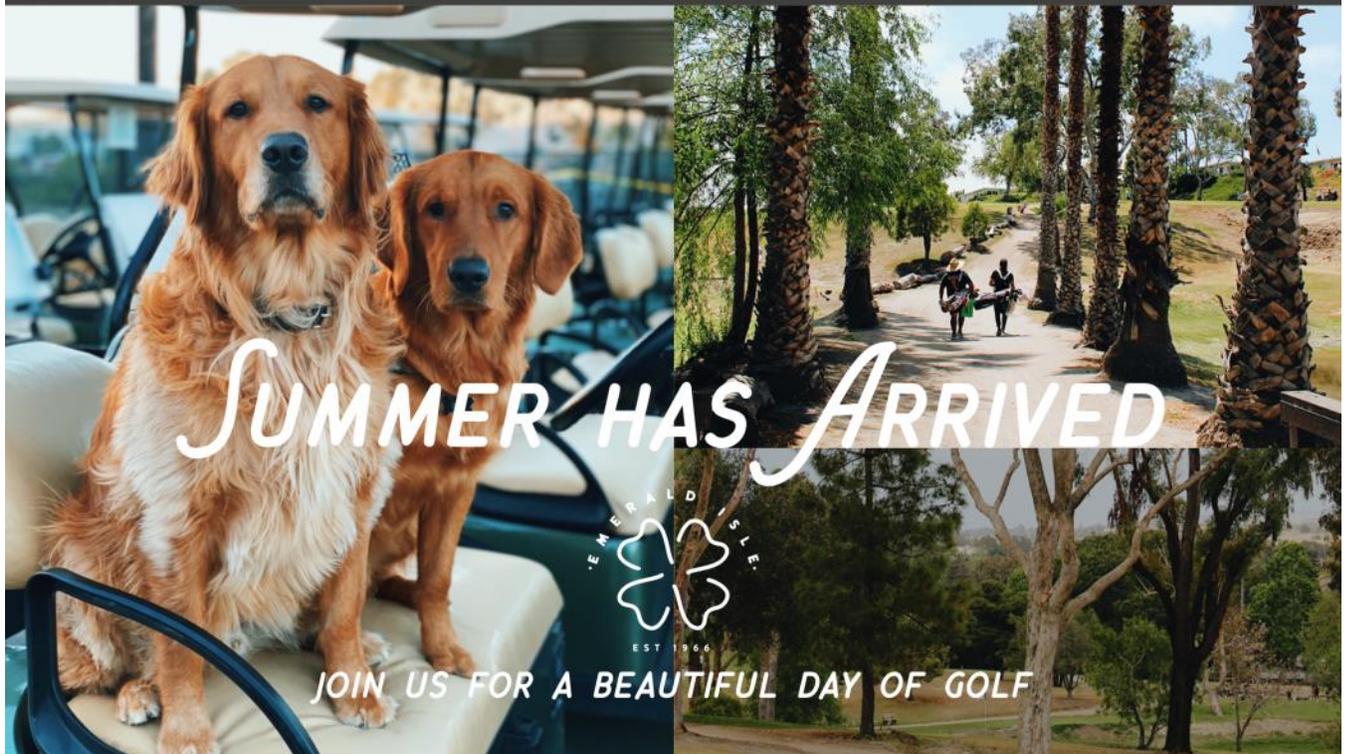


# JULY 21 4-5PM

INCLUDES FREE DRINK

## QUESTIONS

ABOUT LESSONS OR CLINIC  
CONTACTS NATALIE VIVALDI  
NATALIEVIVALDI@YAHOO.COM





# Notices & Reminders



## WRITE ON, OCEANSIDE! A LITERARY FESTIVAL

### WOO Writing Contest—8/13/22

Oceanside Cultural Arts Foundation with the Oceanside Library invite our local writers to share their literary arts.

**Write On, Oceanside!** is an annual literary festival to celebrate and inspire local authors. This year's event will be **Sat., Aug. 13**, in and around the Oceanside Civic Center Plaza.

Join us in gearing up for **Write On, Oceanside!** by participating in this year's writing contest. In 500 words of prose or poetry share your story of "**Getting Through To the Other Side...in Oceanside!**" Get creative, or personal, whimsical, or solemn and share with the community how you Got Through.

Submissions will be accepted through August 1, 2022 on:

[oceanside.librariesshare.com/odetooceanside](https://oceanside.librariesshare.com/odetooceanside)

Winners will be announced, and prizes will be awarded during **Write On, Oceanside!** on August 13, 2022.

Two workshops July 9 and 16, 10-11:30 AM at the Civic Center Library are planned to help stir and refine creative energy. In the first workshop on July 9, author Leslie Clark will give tips to participants about how to gather their thoughts and create interesting details in their writing for the contest. Then we'll do some pre-writing and writing. In the second workshop on July 16, participants will share their contest writing with the group, and receive feedback and suggestions for improvement.

### WOO Writing Contest Guidelines:

- Open to Adults [18+] & Teens [13-17]
- 500 words maximum of prose or poetry
- One entry per person
- Submit by the deadline of August 1, 2022
- Please include your name, email, and age as part of your submission
- One grand prize winner & two runner-up winners will be announced in each age category and prizes will be awarded on August 13, 2022 during **Write On, Oceanside!**

Anita Romaine

### Calling all Photographers!!

Have your photos published in the Hilltop Highlights and/or on the Oceana website! Now that the pandemic is easing up and activities are coming back, we are looking to document the fun of living in an active, adult community. Let's make our kids and grandkids jealous!!



Other ideas include current photos of committee and club members, Emerald Isle, the beauty we enjoy from our homes each day and shots of the grounds which are looking more beautiful every week thanks to the wonderful Adopt-a-Spot volunteers and BrightView's efforts.

If you have a photo for consideration, send a .jpeg file to [esimpson@ocaoffice.org](mailto:esimpson@ocaoffice.org). Include your name, date of activity, description, and if you can, names of those in the photo. It is always a good idea to get permission to publish a photo to protect those in the witness protection program.

If you have an interest in helping us to take photos, please contact the OCA office in person or via email at: [office@ocaoffice.org](mailto:office@ocaoffice.org). Let's let the world know how lucky we are.

Karen Bishop

### Attention, Drivers in a Hurry

The posted speed limit for Vista Campana is 25 mph. On all interior streets (those identified by a letter), the speed limit is 10 mph.

MaryAnn Alger

## New Gem, Mineral and Fossil Club

The lapidary and jewelry shop would like to start a Gem, Mineral and Fossil Club that would meet one time per month. Bring your gems, minerals and fossils and we can I. D. them and talk about where they are from and how they were formed. If we have enough interest, we can go on trips to mines or places like G.I.A.



If you are interested or have any questions, please call John Pitarresi at 760-917-6631. We would meet on the last Thursday of the month at 7:00 PM. Come join us. It will be fun and a great way to get out and meet new people. If you have rocks in your head like us, you will be right at home! Or, if you want to learn how to get rocks in your head, come join us.

**John Pitarresi**

*The following was submitted as a reminder to all Oceana dog owners:*



### A Reminder

Hey you - Pick up that Poop  
Wow that's BIG, a Double Scoop

Don't try to hide it, or cover it up  
Just bend on down and pick it up

If you don't, you're committing a crime  
So, pick it up, what your dog left BEHIND

It's the right thing to DOO, don't ya think  
Yep, your dog made a pretty good STINK

Walk that pup and when the going gets RUFF  
Just hope that doggie bag is extra tough

What you fear most, you must understand  
is getting some Poop on your fingers or hand

Look where you walk, watch out for that DOO  
**AAAH Sh##** it's all over your shoe

So pick up that poop for the COMMUNITY  
And be thankful we don't make you  
clean up the PEE

*Check out the poster for a full appreciation of the graphics.*



## Storage Lockers for Rent

Do you have too much "stuff" and not enough space to put it all? Or is your garage space or closets filling up to the brim? Yes, many of us have some storage issues. But we might have a possible solution for you and it is very conveniently located on our Oceana campus (which means no need to drive to an off-site storage facility). The Activities committee has converted some unused space in the building known as the "Butler Building" (where the Share and Wear Annex is located) into separate locked storage lockers that are available to rent. The rent dollars collected are used to off-set the cost of many of our Activities Functions (e.g. Memorial Day BBQ).

**We have two sizes of the lockers:**

- **5 X 5** - (5 feet X 5 feet X 8 feet high) - rents for \$75 per month
- **5 X 10** - (5 feet X 10 feet X 8 feet high) - rents for \$150 per month

We currently have one 5 X 10 available now to rent. But we are building four more 5 X 5 lockers and two more 5 X 10 lockers that should be available soon. If you are interested, check with the office and "reserve" one of them for when they become available.

If you have questions, you may contact Charlie Wendt at [cdwendt@cox.net](mailto:cdwendt@cox.net).

**Charlie Wendt**

## Good News for our Furry Friends

Thanks to the Oceana Board of Directors. We are hoping to reduce the use of herbicides, especially Roundup, in our beautiful community.

The chemical compound glyphosate in herbicides, such as Round Up, has been shown to be a carcinogenic to humans, dogs, hummingbirds, butterflies and other pollinators. Even after Round-up dries, should our dogs lick their fur, bottoms of their feet or toys it can still be detrimental to them!

"Chemicals sprayed in one yard can easily find their way into the adjacent yard and even neighboring homes. These chemicals can lead to various cancers as well as drooling, upset stomach, a loss of appetite, and excess sleepiness." (<http://www.pintas.com/>)

Contact the office if you would like your home to be added to the "no herbicide" monthly list.

Our goal is to keep our community, our pets, our vendors and us safe. We want to keep our sweet little furry friends healthy!

# Committee Reports

## Activities

Our three big summer events are Memorial Day, July Fourth and Labor Day. Memorial Day was a sold-out event with 153 residents signed up to attend. We had to cutoff signups as we can only seat so many people in the pool area in shady spots. On all our events we advertise when the signup dates are. Many of you wait until the last minute to signup and in the case of Memorial Day we had to say sorry because we were sold out. Please do not let that happen to you. In order to be fair to the caterers and our maintenance crew who does the chair set-up, we cannot take folks into an event who have not registered.

You asked for Lawn Concerts in our surveys. This summer is going to see the first set of Lawn Concerts here at Oceana. On July 23rd from 5 to 7 we will have Blue Grass music by John Lowery. It is advertised as Country and Rock. For \$10 you will have a dinner of Pulled Pork sliders, coleslaw, homemade potato chips and of course the concert. It is a Bring Your Own beverage event. Signup in the office from July 15 until July 21. On August 20 we will hear Bell Pepperz (aka: Peppers Duo). Watch for the details on future flyers. Our last Concert of the year will feature the Mission Valley High School's Steel Drum Band on Sept. 17 from 5 to 7.

Thursday mornings in July will feature our Coffee Hour from 9 until 10:30. We have a great lineup of morning entertainment. July 7 being the first Thursday of the month, we will have Bingo. July 14, we have a favorite singer bringing you Blues and Jazz, Celeste. July 21 features Trivia. We end the month with Double Take. Join us for Donuts and Coffee each costing only \$1 and free entertainment.

Our main July event is July 4th. Hunters Steak House will serve Tri Tip or Chicken sandwiches, and potato salad. Vegetarians can register for a salad and fresh fruit. (Vegetarian-style burgers will be available by request only.) Add to that Beer, Wine and Soda with music by an Oceana favorite, Jimmy and Enrique. On July 14 we bring back a spring favorite, Margarita Night. From 5 to 7 it's Burger and Turkey sliders, chips and music by Ron Cook. If this sounds like a Cinco de Mayo replay, it is. On Cinco de Mayo we had over 100 strong in the auditorium drinking over 8 gallons of Margaritas with some ladies dancing on the stage. Who knows, maybe we can top Cinco de Mayo.

All these events require funding. Please donate to Share and Wear, their profits pay the bills. Whenever you need something first try shopping the bargains at Share and Wear. If you have some time to volunteer, they can always use help.

We have completed the construction of more storage lockers. They are in the Butler Barn locat-

ed next to the Annex in the Pool area. See Tracy in the office for details.

**Chuck Kruse**  
Activity Committee Chairman

## Community Resource Center Attention Military Vets

The OCA Community Resource Center (CRC) announced in the June Hilltop Highlights the establishment of "a clearing house of area assistance programs available for seniors". This month the CRC shines a light on programs and services geared toward the military veterans of Oceana. Some military veterans require assistance but do not know where to begin. Where do I go to get the help I need? How do I access my earned and entitled benefits? Does the Department of Veterans Affairs (VA) have an Aid & Attendance and Household programs for senior military veterans? How do I enroll in the San Diego VA Healthcare system? Can I receive assistance to pay for my medications? Etc....

There are over 60 organizations in North County that provide programs and services to military veterans. The CRC is here to help you begin the process to request the assistance you need. The CRC goal is to collaborate with military veterans to seek the answers to these questions. Watch for news in a Friday email blast for the grand opening of the OCA Community Resource Center, located in the clubhouse lobby. Then, please stop by or call the business office to set up a private meeting with a trained volunteer. We are here to help you.

You raised your hand to serve in this country's military, now it is time for us to return the favor.

### Shine The Light On:

#### Interfaith Community Services

For 40 years, Interfaith Community Services (IFC) collaborated with community partners dedicated staff, and volunteers to provide individualized assistance; safety net and long-term services for veterans transitioning from the military to civilian life, experiencing food insecurity, lack of transportation, unemployment, homelessness, mental healthcare issues and substance abuse issues, etc.... IFC comprehensive programs and services empowers people in need to stabilize and improve their lives.

At the May 2022 OCA Board of Directors (BOD) meeting, The BOD voted and approved the OCA Senior Help Resource Ad Hoc Committee (SHRC) as an official committee with a name change to The OCA Community Resource Center.

**Evelyn Thomas**  
Committee Member

## Aladdin's Lamp

This Project:

### A New Skutt Kiln for the Ceramics Studio



The fundraising project for the new kiln is at \$2323.05

We have \$3686.95 more to raise to be able to order the new kiln.

The usual turn-around time from placing the order for the kiln and receiving the kiln is usually 2 months. The sooner we reach our goal the faster we can order the kiln.

Total donated in May was \$413.05. The total includes \$310 in cash donations and \$103.05 in recyclables.

Thank you for your continued support by donating cash. We also accept donations of clean plastic bottles and aluminum cans for recycling for our Kiln project. Just drop them off at the Ceramics studio and we take them to be recycled. We all appreciate your generosity to help keep the Ceramics Studio an open and viable Art activity of Oceana.

Creating a piece of art out of a ball of clay is an amazing process. Each item needs to be fired in the Kiln twice before it is completed. We fill the kiln and fire it at least twice a week. Each firing takes 2 days to complete.

We welcome new members to come join us!

Learn more about this project by going to:

[www.youtube.com/watch?v=UiX5svad74](http://www.youtube.com/watch?v=UiX5svad74)

If you have any questions, comments or requests please contact us:

Phone or Message: 858-525-3035

eMail: [deedeeyng@yahoo.com](mailto:deedeeyng@yahoo.com)

Thank you all for your generosity, support and kindness.

Have a Happy Fourth of July!

Dee Dee Young

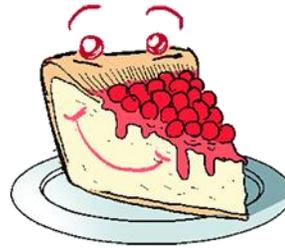
## Report Infractions

When you encounter a parking problem that is a violation of city code (e.g., blocking access to your garage, parking on red lines, or blocking traffic), **contact Oceanside Police** at:

**760-435-4500**

For more information, see:

[CI.OCEANSIDE.CA.US/GOV/DEV/CODE/OVERSEE.ASP](http://CI.OCEANSIDE.CA.US/GOV/DEV/CODE/OVERSEE.ASP)



## National Cheesecake Day

### History

National Cheesecake Day is a day of appreciation for cheesecake. Cheesecake is a crusted cake typically made with soft fresh cheese, eggs, and sugar. Based on the discovery of cheese molds, it is believed that cheesecake originated in ancient Greece.

Athenaeus, a Greek writer, is credited with the first cheesecake recipe, which only used basic ingredients such as cheese, flour, and honey. After the Romans conquered Greece, cheesecake recipes began to include eggs and baking time. Over time, cheesecake ingredients were modified to resemble the finished product we know today. The American version of cheesecake typically uses cream cheese and has evolved to consist of an uncooked filling on top of cookie or graham crackers. English cheesecakes are cooked to completion and have a dry texture. This observance occurs every year on July 30<sup>th</sup>.

### Facts & Quotes

- According to Guinness World Records, the largest cheesecake ever made weighed over 9,300 pounds. It was created by the Cheesecake Company in Stavropol, Russia on Sept. 23, 2017 to commemorate the city's 240th birthday.
- Arnold Reuben, owner of the Turf Restaurant in NYC, created the New York Style cheesecake in 1929. This cheesecake is not served with any fruit or sauce, but has a smooth taste from the extra egg yolks that are added in the cream cheese mixture.
- In 1972, Evelyn and Oscar Overton opened The Cheesecake Factory in L.A. to sell Evelyn's cheesecakes. The Cheesecake Factory has become a \$2 billion global company with restaurants all across the States and in the United Arab Emirates, Kuwait, Qatar, Saudi Arabia, Lebanon and Mexico.
- *Because you don't live near a bakery doesn't mean you have to go without cheesecake - Hedy Lamarr, Golden Age Actress.*
- Many cheesecake restaurants offer discounts and samples of cheesecake on National Cheesecake Day.

## Did You Know?

July 30

## The Dead Duck

A woman brought a very limp duck into a veterinary surgeon. As she laid her pet on the table, the vet pulled out his stethoscope and listened to the bird's chest.



After a moment or two, the vet shook his head and sadly said, "I'm sorry, your duck, Cuddles, has passed away."

The distressed woman wailed, "Are you sure?" "Yes, I am sure. Your duck is dead," replied the vet..

"How can you be so sure?" she protested. "I mean you haven't done any testing on him or anything. He might just be in a coma or something."

The vet rolled his eyes, turned around and left the room. He returned a few minutes later with a black Labrador Retriever. As the duck's owner looked on in amazement, the dog stood on his hind legs, put his front paws on the examination table and sniffed the duck from top to bottom. He then looked up at the vet with sad eyes and shook his head. The vet patted the dog on the head and took it out Of the room.

A few minutes later he returned with a cat. The cat jumped on the table and also delicately sniffed the bird from head to foot. The cat sat back on its haunches, shook its head, meowed softly and strolled out of the room.

The vet looked at the woman and said, "I'm sorry, But as I said, this is most definitely, 100% certifiably, A dead duck."

The vet turned to his computer terminal, hit a few keys and produced a bill, which he handed to the woman.. The duck's owner, still in shock, took the bill. "\$150!"

She cried, "\$150 just to tell me my duck is dead!"

The vet shrugged, "I'm sorry. If you had just taken my word for it, the bill would have been \$20, but with the Lab Report and the Cat Scan, it's now \$150."



### COVID-19 Info Sites

#### Federal:

The Centers for Disease Control  
[www.cdc.gov](http://www.cdc.gov)

#### State:

CA Department of Public Health  
[www.cdph.ca.gov](http://www.cdph.ca.gov)

CA Department of Aging  
[www.aging.ca.gov/covid19](http://www.aging.ca.gov/covid19)

Assembly District 76  
COVID-19 Resource Navigator  
[a76.asmdc.org/coronavirus-covid-19-resource-navigator-0](http://a76.asmdc.org/coronavirus-covid-19-resource-navigator-0)

#### San Diego County:

[www.sandiegocounty.gov/coronavirus](http://www.sandiegocounty.gov/coronavirus)

#### City of Oceanside:

[www.ci.oceanside.ca.us/gov/fire/home/coronavirus.asp](http://www.ci.oceanside.ca.us/gov/fire/home/coronavirus.asp)



*I decided  
to take  
an  
aerobics class.*

*I bent,  
twisted,  
gyrated*

*and jumped up and down  
for an hour.*

*But, by the time  
I got my leotard on,  
the class was over.*