

**The OCA Community Resource Center  
Veteran Resource List**

<b><u>Organization</u></b>	<b><u>Address/Email</u></b>	<b><u>Telephone Number</u></b>
<b><u>Department of Veteran Affairs</u></b>		
Federal Benefits	<a href="http://www.va.gov/getstarted">www.va.gov/getstarted</a>	
California Veterans Resource Book	<a href="http://www.calvet.ca.gov">www.calvet.ca.gov</a>	(800)952-5626
National cemetery Administration	<a href="http://www.cem.va.gov">www.cem.va.gov</a>	(202)632-8035
<b><u>Associations</u></b>		
Veteran Association of North County	<a href="http://www.vanc.me">www.vanc.me</a> 1617 Mission Avenue Oceanside, CA 92058	(760)722-1277
Jewish War Veterans of the USA Dr. Jerome L. Silverman	6965 El Camino Real Suite 105, Box 659 Carlsbad, CA 92009	(760)845-6496
USA Vietnam War Commemoration	<a href="mailto:whs.vnwar50th@mail.mil">whs.vnwar50th@mail.mil</a> <a href="http://www.vietnamwar50th.com">www.vietnamwar50th.com</a>	(877)387-9951
Marine Corps Association	<a href="http://www.mca-marines.org">www.mca-marines.org</a>	
Military Spouse Association of Camp Pendleton	P.O. Box 5559 Oceanside, CA 92052 <a href="http://www.MSA-CP.org">www.MSA-CP.org</a>	
<b><u>Veteran Benefits Assistance</u></b>		
Advocate Health Advisors Bob Bourdette		(760)310-9086
Rick Boyd Independent Health Insurance Agent	<a href="mailto:rick.r.boyd01@gmail.com">rick.r.boyd01@gmail.com</a>	(951)609-1536
DisabilityServices4Vets Linda Alstrin: Benefits Consultant	<a href="http://www.DisabilityServices4Vets.com">www.DisabilityServices4Vets.com</a> <a href="mailto:Linda@DisabilityServices4Vets.com">Linda@DisabilityServices4Vets.com</a>	(619)736-3600

**Employment/Education Programs**

Workshops for Warriors  
Keshia Jarvis-Jones  
2970 Main Street  
San Diego, CA 92113  
[keshia@wfw.org](mailto:keshia@wfw.org)  
[www.wfw.org](http://www.wfw.org)  
(619)550-1620

**Housing**

Fisher House Southern California  
P.O. Box 110  
Long Beach, CA 90801  
[www.fisherhousesocal.org](http://www.fisherhousesocal.org)  
(562)297-0990

Warrior Village Project  
Mark L. Pilcher  
4195 Fallsbrae Road  
Fallbrook, CA 92028  
[Mark.L.Pilcher@gmail.com](mailto:Mark.L.Pilcher@gmail.com)  
[www.warriorvillageproject.com](http://www.warriorvillageproject.com)  
(760)666-0077

**Mental Health Services**

Courage to Call: Mental Health Systems  
9465 Farnham Street  
San Diego, CA 92123  
[www.courage2call.org](http://www.courage2call.org)  
(858)636-3608

The Steven A. Cohen Military Family Clinic at VVSD  
3609 Ocean Ranch Blvd, Suite 120  
Oceanside, CA 92056  
[oceanside@cohen.org](mailto:oceanside@cohen.org)  
[www.vvsd.net/cohenclinics](http://www.vvsd.net/cohenclinics)  
(760)418-4611

Vet Center  
1 Civic Center Drive, Suite 150  
San Marcos CA 92069  
[www.vetcenter.va.gov](http://www.vetcenter.va.gov)  
(855)898-6050

**Recreational Therapy**

Healing Wave Aquatics

4699 Murphy Canyon Road, #209  
San Diego, CA 92123

(619)453-0953

[www.healingwaveaquatics.org](http://www.healingwaveaquatics.org)  
[mateo@healingwaveaquatics.org](mailto:mateo@healingwaveaquatics.org)

The Veterans Writing Group of San Diego County

[g.garretson@att.net](mailto:g.garretson@att.net)  
[www.veteranswritinggroup.org](http://www.veteranswritinggroup.org)**Senior Care**Home Instead  
Megan SharrarSherpaul Corporation  
901 Hacienda Drive, Suite B  
Vista, CA 92081

(760)639-6472

[www.HomeInstead.com/146](http://www.HomeInstead.com/146)

Pathways Palliative Care

2525 Pio Pico Drive, Suite 301  
Carlsbad, CA 92008

(760)431-4100

[www.hospicenorthcoast.org](http://www.hospicenorthcoast.org)

The Elizabeth Hospice

[www.elizabethospice.org](http://www.elizabethospice.org)

(800)797-050

Defense Health Agency, Military Caregiver Support

Rhonda Smoot  
Region 6 PEER Support Coordinator[Rhonda.j.smoot.ctr@mail.mil](mailto:Rhonda.j.smoot.ctr@mail.mil)  
[rsmoot@amsgcorp.net](mailto:rsmoot@amsgcorp.net)

(571)422-2371

**Additional Resources**

North Coastal Live Well Health Center

1701 Mission Avenue, Suite 110  
Oceanside, CA 92058

(442)262-2701

Veterans Stand Together

[admin@usavest.org](mailto:admin@usavest.org)  
[empower@usavest.org](mailto:empower@usavest.org)

(310)310-4190

Interfaith Community Services  
Veteran Services Center1617 Mission Avenue  
[www.interfaithservices.org](http://www.interfaithservices.org)

(760)529-9799