

HILLTOP HIGHLIGHTS

Inside:

A Regular Night Visitor



"Evening Flight"

Barn Owl—Image by Anthony Kay, taken late evening in Unit 2

Also Inside:



Friendship Garden Wins First Place!

The Owls of San Diego

San Diego County, California has over 500 birds on the accepted ABA list and many other introduced species. Waters of the Pacific Ocean, mountains over a mile high and deserts all within the boundaries of the county provide many varied habitats for a broad variety of birds.

The unofficial title of "Birdiest County" in the US is a back-and-forth battle with Los An-

geles County, California as each adds a new species over time.

The number of Owls in San Diego County also varies, depending on who is making the list and on what owls have decided to make a rare appearance (e.g., the Snowy Owl). The following six appear in most lists. Four are permanent residents and two are migratory visitors, both Winter only.

Permanent Residents:



Great Horned Owl



Barn Owl



Long-eared Owl



Burrowing Owl



Western Screech Owl



Short-eared Owl

A note to website viewers:

This page does not appear in the printed version. Please scroll down to see the rest of this month's Hilltop Highlights. And, since the printed version is done only in black & white, you can see, here, the full color of the original design.

Contact Information:

Office Phone:

760-757-3937

24 Hour Emergency

(Water & Plumbing)

949-833-2600

Website:

www.oceanaseniors.org

Statement Questions:

tbd

Maintenance:

maintenance@ocaoffice.org

Homeowner Concerns:

office@ocaoffice.org

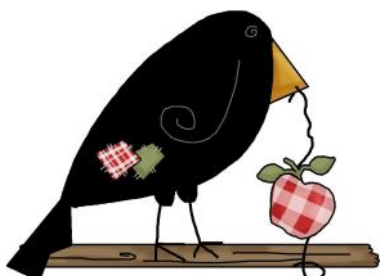
Non Emergency Police

(to report suspicious activity):

760-435-4900

Emergency Police:

911

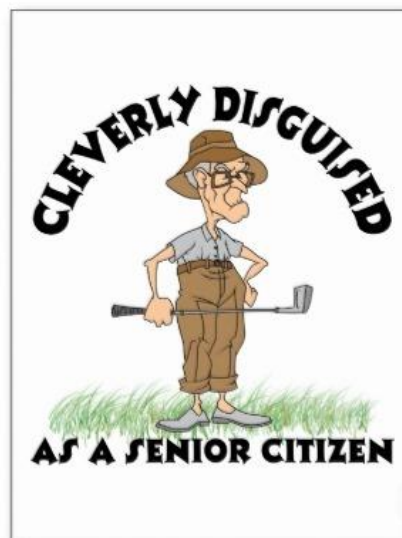


September

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vyacoubian@keystonepacific.com

**Front Desk / Temporary Landscaping
Coordinator** Antoinette Valenzuela
avalenzuela@keystonepacific.com

**Administrative /
Committee Assistant** Tracy Richardson
trichardson@keystonepacific.com

Facilities Manager (Open)

Maintenance Admin. Asst. Adan Lira
alira@keystonepacific.com

Contact for all: 760-757-3937
Office@ocaoffice.org

Office Hours:

Mon.-Thurs., 9 am-Noon; 1pm-4 pm

Fri., 9 am-3 pm

Appointments available by calling the office

Board of Directors

President Roxanne Remmel
rremmel@ocaoffice.org

Vice President Kathleen Dowling
kdowling@ocaoffice.org

Secretary Evelyn Thomas
ethomas@ocaoffice.org

Treasurer Lynn Leszczynski
lynnl@ocaoffice.org

Director Lisa Bagot
lbagot@ocaoffice.org

Director Teresa Chamberlain-Spradlin
tchamberlain-spradlin@ocaoffice.org

Director Curt Conant
cconant@ocaoffice.org

All Members ocaboard@ocaoffice.org

Office Information

- The deadline to submit information for The Hilltop Highlights is the 1st of the month preceding the publication month. Use the HUB submission form on the website. If you have attachments, then you may send your information along with the attachments to: oceanahub@gmail.com. Late submissions will be included as space permits.
- Have a payment to make or a work order to submit after office hours? Please use the drop box located on the front/west side of the OCA Business Office (checked Mon-Fri).
- How do I submit a work request? (Two kinds: maintenance work request and landscape work request) The most efficient manner is to submit an online request to keystone-connection.net. The physical work request forms are available on our website (oceanaseniors.org) or at the office. Submit completed forms to the office or via office@ocaoffice.org, by fax to 760-757-8177. All work requests are prioritized with other scheduled work. We do respond to an emergency situation (e.g. sewer back-ups and exterior water leaks) within 24 hours. After normal business hours and on weekends emergencies should be reported to our customer care center at 949-833-2600.
- Are you moving? Do you have a neighbor who has moved or passed away? Please provide such information to the office at: office@ocaoffice.org.

Keep Informed

Oceana

oceanaseniors.org

City of Oceanside

ci.oceanside.ca.us

San Diego County

sandiegocounty.gov

Report City Code Infractions

When you encounter a parking problem that is a violation of city code (e.g., blocking access to your garage, parking on red lines, or blocking traffic),

Call: 760-435-4500

ci.oceanside.ca.us/gov/dev/code/oversee.asp

The monthly General Session Board of Directors' meeting normally takes place at 9:30 am on the last Wednesday of the month. It is held in the Auditorium and by Zoom. The link will be communicated to residents via email and posted on the website. Agendas are posted on bulletin boards and the website. Homeowners who cannot attend may email comments by noon the day before the meeting to the Board President and to the General Manager. Zoom chat is not available.



A Message from the Board of Directors

Wow, the time has flown, the board is already in our 6th month. It makes me dizzy thinking about everything that has happened in one month. On August 1, our new management company took over the reins. We got off to a bumpy start but were soon back in control thanks to the competence of Keystone Pacific. Our new General Manager, Vartan (Von) Yacoubian, started on the 19th with the regional manager, Karen Thompson, filling in while we waited for his start date. We had 4 maintenance tech positions posted and hopefully filled by the time you read this.

We have tested your patience and asked a lot of you during these months of transition. During July and early August, Bob with Total Landscape, worked against the clock to get our sprinklers refitted with new timers. I often saw Bob working until there was no light left to the day. The State gave us only 60 days to complete the project or we would lose the rebates worth \$56K. I can't thank him enough for the dedication he put into this project for us. I realize it was frustrating to see our grass turn

brown, but the long-term payoff will be worth it as we go into the future with weather-sensitive controlled timers. I appreciate all of you who understood that this was a temporary setback and now we are compliant with the State of California codes.

In a neighborhood like Oceana, with these demographics, we see neighbors come and go. We miss seeing friends that we've known for years. We've said goodbye to beloved staff that became friends. What I hear most often from residents is how friendly people are. We are a neighborhood of different ages, ethnic backgrounds, sexual orientations, religious philosophies, and political ideologies. We don't all think alike. I'd like to ask you to consider what my favorite sage Ted Lasso would say, 'Be curious, not judgmental'. With that attitude, we will enjoy our neighbors with all of their differences even more. I hope you enjoy the rest of your summer.

**Roxanne Rimmel,
Your President,
OCA Board of Directors**

News You Can Use

Based on the recent BOD' decisions, homeowner comments, and our last General Meeting, here is the 'News You Can Use'.



New Management Update

It's been a month since we welcomed Keystone Pacific to Oceana. A lot has been done to settle in the past 30 days, and a lot is still ahead. If you haven't had the opportunity to meet Von, our new General Manager, please stop by the office and say HI.

New Emails for Office Staff

Von Yacoubian

vyacoubian@keystonepacific.com
General Manager

Antoinette Valenzuela

avalenzuela@keystonepacific.com
Front Desk

Tracy Richardson

trichardson@keystonepacific.com
Administrative/Committee Asst.

Adan Lira

alira@keystonepacific.com
Maintenance Admin. Asst.

2025 Budget Development

A draft outline of our operating budget, listing and describing the content of each line item, has been prepared for our General Manager. He is working on filling in the numbers to reflect our needs for 2025 and will be bringing that to the community for review sometime in October. Also in process is the new Reserve Study so that the 2025 Reserve Budget can be developed. Watch for updates on this process during the month of September.

No Smoking by the Pool

Residents have recently been observed drinking and smoking poolside. There is NO Smoking allowed in the pool or pool area.

Strategic Planning

As promised, action items on the strategic plan have been developed and a final document was distributed to homeowners. If you missed receiving a copy, it is available on the website.

Irrigation Timers Project

It is close to completion. Sprinklers are to be set to go on regularly, 3 times a week.

Lynn Leszczynski

We Won!!

Our Friendship Garden Took First Place



Thanks to the efforts of Kathleen Dowling and William Matthews, our Friendship Garden is the winner of the 2024 WaterSmart Landscape Contest held by the City of Oceanside.

Text from the email announcing the win is presented below:

Dear Kathleen Dowling,

Congratulations! Your landscape transformation project is the winner of the 2024 WaterSmart Landscape Contest.

We were very impressed by your climate-friendly plant selection as well as your commitment to stormwater capture and water efficient irrigation methods. Your project serves as a role model to your neighbors, passersby, friends and family. We thank you for your contribution in creating a more sustainable Oceanside community!

As the contest winner, your project will receive a \$250 gift certificate to a local Oceanside nursery of your choice. Please respond with your favorite nursery or landscaping supply store that will best help you with the upkeep of your award-winning garden. Additionally, you may see your landscape highlighted in future Green Oceanside outreach materials.

We would love to have updated photos of your new and improved space. Would you be open to City staff visiting the property to take photos or would you rather send us photos via email? Please let us know. We appreciate the opportunity to showcase all of your hard work and dedication to sustainable landscaping.

Congratulations again and thank you for being a great example for our community!

Sincerely,

Nicole Cano
Environmental Specialist I
Water Use Efficiency Program
City of Oceanside Water Utilities
300 N. Coast Hwy.
Oceanside, CA 92054
760-435-5107
ncano@oceansideca.org



Thank you, Kathleen and William, for your tireless efforts and great success.

Meet Your Neighbor

As the sole writer of this column, I have been approached by many people who offer their suggestions as to who I should interview. One such person was Peter Cornog. He approached me poolside one sunny afternoon asking, "Why don't you interview Joan and Henry?" Guess what Peter? I did.

Meet Joan Rooney and her son, Henry. Joan was born the first of 5 children in Manhattan Beach, CA. She is the

mother of 2 children; a daughter Lucy who is 30, and Henry who is 31. Joan attended San Diego State University, earning a Bachelor of Arts degree in Recreational Therapy. Struggling to find employment in her field, she finally secured a position at Sharp Rehabilitation Center. There she worked with stroke and spinal cord injury patients. Joan also taught English as a second language to Indochinese refugees who came here to California. And if that wasn't enough, Joan later received her Master's degree at the University of Maryland in Adult Education. Subsequently, she worked for the Department of State, teaching leadership and management skills at the Foreign Service Institute in Virginia. Joan, along with her son Henry, moved to Oceana in May, 2023.

Henry was diagnosed with Autism Spectrum Disorder (ASD), at age 3 1/2 and lost most of his ability to speak at the early age of 5. As a speech/language pathologist, I am quite familiar with ASD. I witnessed Henry's incredibly high receptive language skills. He understood everything I was asking. How did I know this? I engaged Henry in several questions, the first one being, "Did you attend a special school?" To my absolute surprise, Henry reached for his mom's phone and began typing his response, with his EYES CLOSED! "So, I feel I had a bad school, they thought I was retarded. I am not. I have autism, intelligent but I can't speak well." Henry was assisted by his mom, who gently supported his wrist while typing. This is known as Facilitated Communication. Although this technique has been discredited by the American-Speech-Language and Hearing Association stating that the "facilitator" authors the message, I observed quite the opposite. Henry was typing! He added, in his first message, "she is taking notes give her what I wrote." My interviewing continued with the next question being, "What do you enjoy?"



Henry and Joan with Ruby

Henry immediately took the phone and typed, "I love the ocean and we go everywhere I get a great feeling in the water and in the air." I was on a roll! "Do you like the pool?" I asked. He typed, "I love the pool and the hot tub but I don't like people who try and talk to me and don't understand autism." Henry was communicating! I was in absolute awe of his skill set and his ability to understand and respond. Joan conveyed that Henry attends the Spellers Center San Diego, located in

Oceanside, once weekly during the year. Spellers is a learning center for non speakers who come to learn to type to communicate. They also participate in group lessons and social events. Henry also attends the Mira Costa's Community Learning Center at Mira Costa College, where he participates in life skills and writing classes for people with disabilities.

Towards the end of our time together, I turned to Joan and asked "Why Oceana?" Joan responded, "There are breezes all the time, I can see the ocean and the mountains, and I smell the flowers as I walk our dog, Ruby," (a Maltese).

As I drove back home, all I could think about was the incredible experience I was so fortunate to encounter. This was one interview that I truly will never forget.

Gail Olenick

Following is an excerpt on ASD.

What is Autism Spectrum Disorder?

According to the Diagnostic and Statistical Manual of Mental Disorders-5th edition, Autism spectrum disorder (ASD) is a neurodevelopmental disorder characterized by deficits in social communication and the presence of restricted interests and repetitive behaviors.

- Autism affects 1 in 36 children in the US.
- ASD prevalence in the US has increased by 312% since 2000.
- Boys are diagnosed with autism 4.2 times more often than girls.
- Autism is most common among Asian and Pacific Islander children.
- The average age of autism diagnosis is 4 years.
- 73.6% of autistic students in the US leave high school with a diploma.

Meet Your Neighbor Continued on page 8

Art Studio

All classes held in the Art Room.

Wednesday, September 11, 10am-12pm



Crazy Cork Crafts

Art Room Class Fun!

Fee: \$5

Register & pay at the office by Sept. 9



Sign up ASAP—limited to 15 people.

Saturday, September 28, 10am-12pm

Acrylic Pouring on Canvas

Great fun in the Art Room

Fee: \$5

Register, pay at the office Sept 12 - Sept 26

Sign up ASAP—limited to 15 people.



Be sure to check out the Tuesday eblasts and the Oceana website for the latest and greatest sign-up info.

Are you looking to see a particular class or looking to teach a particular class? Please reach out to me and we'll see what we can do.

Caryn Leventhal
carynnicole30@yahoo.com

Thank you!
Volunteers

OCA at the Movies

Presented in the clubhouse auditorium.
All residents are welcome to attend.

Admission is free.

We offer popcorn and sodas at \$1 each and hotdogs at \$3 each.



Sunday, September 1, 3 pm

"The Color Purple"

Starring: Taraji P. Henson
Danielle Brooks
Colman Domingo
Corey Hawkins
H.E.R.
Halle Bailey
Aunjanue Ellis-Taylor
Phylicia Pearl Mpasi
Fantasia Barrino



2023 Spielberg Version

Doors open at 2:30pm.
Curtain up at 3pm.

Wednesday, September 18, 7 pm

"Three Billboards Outside Ebbing, Missouri"

Starring: Frances McDormand
Woody Harrelson
Sam Rockwell
Abbie Cornish
John Hawkes
Peter Dinklage



Doors open at 6:30pm.
Curtain up at 7pm.

Save the Date

Wednesday, October 9, Time tbd



It's Party Time!

Details TBD.

September Activities

Monday September 2, 1-3 pm

Labor Day Party

Good food and the music of **Cool Rush** by the pool!

Enjoy Chicken Wings (BBQ, Spicy, Plain & Lemon Pepper), Baked Beans, Pasta Salad, Tossed Green Salad, Bread Sticks, Ice Cream Drumsticks, Beer, Wine, Soda.

All for only \$15.

Reminder: the pool is closed from 1 hour before any poolside event until the end of the event.



When: September 2, 1-3pm
Where: Poolside
Enjoy: Good Food, Good Music
Signup: Closed as of Aug. 29
Fee: \$15

Saturday, September 14, 11 am-1 pm

Dog Days of Summer



Our 2nd Annual Event!
 (We had ~100 people with their fur babies last year)

Dog competitions & prizes; gift certificates, a photo booth, raffles, silent auctions & lots of free stuff!
 Food (hot dogs) for purchase.
 Questions: Curt at 760-331-9311



When: September 14, 11am-1pm
Where: Dog Park
Enjoy: Competitions, Prizes & Fun
Signup: NA
Fee: Admission is Free

Sunday, September 22, 6-7pm



Fall Equinox Drum Circle

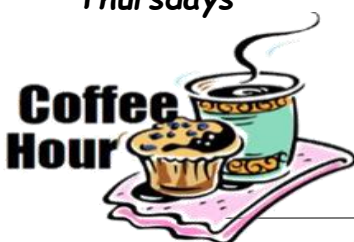
Bring your own drum or borrow one from Charlie.
 A celebration of community & season.
 It's free.

When: September 22, 6-7pm
Where: Poolside
Enjoy: Rhythm & Community
Signup: NA
Fee: Admission is Free

Please Note: No late sign-ups or payments at the door, so don't miss out and sign-up on time!

From 9 to 10:30 am
 Thursdays

COFFEE HOUR



- Sept. 5 : Bingo
- Sept. 12 : Glenn Kramer
- Sept. 19 : Robert Parker
- Sept. 26 : Jimmy & Enrique



Questions? Call the office at 760-757-3937

Meet Your Neighbor Continued from page 5

Myths about ASD

Autism can be cured

Comprehensive medical research has shown that autism is not an illness, and thus, autism cannot be cured—and many argue whether it even should be cured, as it perpetuates the idea that being neurotypical is the only way to have a fulfilling life.

Autism is caused by bad parenting

One of the earliest misconceptions about autism is that it's caused by poor parenting, or rather, the failure of parents to form a bond with their child during the first few months of the child's life. It's also known as the "refrigerator mother" myth, implying that autism was caused by mothers being cold towards their children and uninterested in their needs.

Subsequent research has proven this myth wrong, demonstrating that autism is intrinsic and not caused by anything that happens after the child's birth.

Vaccines cause Autism

A 1998 study led by Dr. Andrew Wakefield addressed 12 children who allegedly developed a new phenotype of autism after receiving MMR vaccination. Although there have been small-scale and inconclusive studies on the topic before, this one gained a lot more media at-

tention, leading to a more serious impact.

This autism and vaccines myth led to a sharp decline in vaccination rates, which consequently led to an increase in the cases of measles and mumps.

Autistic individuals are anti-social

Autistic people may need support with social skills or interact differently with the world around them, but most autistic people enjoy having relationships. People show their social difficulties in different ways. Some are quiet and shy or avoid social situations, others speak too much and struggle to have two-way conversations. Unspoken communication can confuse autistic people; they might find body language, tone of voice and sarcasm difficult to read. These challenges can make it difficult to make friends, build relationships or get on at work. Taking time to get to know autistic people and understand their differences in an environment where they are happy makes all the difference.



The Hilltop Highlights Fill in the Blanks Puzzle

Submitted by Anita Romaine

Most of the information is in the July/August *Oside* magazine.

1. The _____ cabins on the Strand in Oceanside used to cost \$3 a day to rent.
2. The _____ Market is held on Thursday evenings.
3. _____ is the name of the magazine filled with photos and restaurants in Oceanside.
4. _____ is Anita's favorite place to eat a Flaco Taco.
5. _____ Market is held on Thursday mornings.
6. The name of the oldest theatre in Oceanside is Sunshine _____.
7. The last name Oceanside's Mayor, Esther, is _____.
8. The name of Oceanside's only Michelin Star restaurant is _____.
9. In 1919, the _____ was erected on the beach just south of the pier.
10. _____ Restaurant on corner of Mission and Coast Hwy.
11. The Oceanside _____ extends from San Luis Rey River to Buena Vista Lagoon.
12. _____ is short for the Oceanside Museum, the place to see a photography art show.
13. The _____ was originally built as a movie theater back in the 50's & 60's.
14. The _____ structure caught on fire in May.
15. The _____ train takes you to San Diego from Oceanside.
16. This Museum is where historical _____ boards are on display.
17. The _____ train travels from west to east, from Oceanside to Escondido.
18. The military base that is north of Oceanside is called _____ Pendleton.
19. _____ has two of these restaurants in Oceanside, Coast Hwy and ECR.

Puzzle solution on page 20

OCA Committee Membership

Activities Committee

Meets: 1st Tues. ea. Month,
10 am, Card Room
Chair
Ellen Marciel
Charlie Wendt Treasurer
Linda Garcia Share & Wear Mgr.
Mary Anne Dilloway
Pat Hawkins
Carolyn Kruse
Chuck Kruse
Karin Messaros
Gail Olenick
Lisa Olivero
Ginger Thayer
Donna Wendt
Lynn Lesczynski Board Liaison

Architectural Committee

Meets: 2nd Tues. ea. Month,
9:30am, Card Room
(Agenda deadline: 1st day of month)
Acting Chair
Paula McDonald U 1,1A,4
Mike Castoro U 2,6
Paula McDonald U 5
Jay Crawford U 12
Fritz Beechler U 8
Chuck Daily U 9
Gail Olenick U 10,11
tbd U 3,7, A
Bruce Cowgill U 14
Maura Parsons Board Liaison
Lisa Bagot Board Liaison
Kathleen Dowling

Community Resource Center Committee

Meets: 2nd Wed. ea. Month
10:30am, Community Room
Interim Chair
Kris McLaughlin
Mike Archer
Mary Hall
Connie Iniquez
Evelyn Thomas
Sydney Wauson
Teresa Chamberlain-Spradlin Board Liaison

Finance Committee

Meets: 3rd Mon. ea. Month
9:30am, Community Room
Chair
John McDonald Secretary
Charlie Wendt
Nancy Follin
Don Jones
Meg Marple
OCA General Manager
Lynn Lesczynski Board Treasurer
Lisa Bagot Board Liaison

NOTE: Unless otherwise indicated, the deadline for Cte. Agendas is 10 days prior to the meeting.

Landscape Committee

Meets: 2nd Fri. ea. Month,
10am, Billiards Room
Chair
Mike McLaughlin
Phyllis Allinson
Peter Cornog
Donna Grabel
Denny Metz
Steve Omlor
Teresa Chamberlain-Spradlin Board Liaison
Curt Conant Board Liaison

"The Hub" Committee

Meets: 1st Wed. ea. Month
2pm, Community Room
Chair
Gail Olenick Secretary/Digital Coordinator
Virginia Mann Print Coordinator
Pam Spangler Website Coordinator
Sandy Riser Website Photographer
Lisa Olivero
Ellen Marciel
Kathleen Dowling Board Liaison
OCA Media Sub-Committee
Geoff Allison
Lee Mansis
Anita Romaine
HUB Contacts: Oceanahub@gmail.com

Facilities Committee

Meets: 2nd Mon. ea. Month,
11 am, Community Room
Chair
Meg Marple Co-Chair
Peggie Moore Secretary
Mary Anne Dilloway
Steve Clayton
Yves Fournier
Pasha Turley
Curt Conant Board Liaison
Lynn Lesczynski Board Liaison

Committee Membership


Continued on Things To Do Page following the Calendar

Attention all Committee Chairs:

Please remember to update ALL changes (times, days, contacts), by submitting the information directly to the HUB; not the OCA office. The form for submission is on our website. Just click on Helpful Links at the top of the home page and you will find the HUB where there is a simple, easy to follow form. Thank you.


Note: All Activities/Clubs are subject to change. Please check with the listed contact person first.

Events Scheduled Every Week - By Weekday

| Every Sunday | Every Monday | Every Tuesday | Every Wednesday |
|--|--|--|--|
| Pickleball Adv Open Play (outdoor): 9:30-11:30am Pickleball-Indoor -Private: 2:30-4pm  | Water Aerobics 8am Keep Fit Class: 8:30-9am Pickleball Adv Open Play (outdoor): 9:30-11:30am Yoga (Chair) 10am Ceramics 12:30-3:30pm Chair Volleyball: 1-2pm Lapidary: 1-3pm Woodshop: 1-3pm Pinochle: 1-4pm Pickleball Open Play (indoor) -Open: 2-4pm -Private: 4:15-5:30pm Trivia: 6:30-7:30pm | Pickleball Adv Open Play (outdoor): 9:30-11:30am Share & Wear: 10-2pm Dominos: 12-4pm Ceramics: 12:30-3:30pm Lapidary: 1-3pm Woodshop: 1-3pm Pickleball Open Play (indoor): 1:30-4pm Drama Club 4-5:30pm Billiards Warm-Up 6-8pm Poker: 6-8pm | Water Aerobics 7:30am Keep Fit: 8:30-9am Water Aerobics 9am Pickleball Adv Open Play (outdoor): 9:30-11:30am Art Studio: 10am-2pm Share & Wear: 10-2pm French Club: 11am-Noon Cribbage: 1-3pm Lapidary: 1-3pm Woodshop: 1-3pm Spanish Club: 3:30-4:30pm Friends of Bill W: 5:00pm |

Other Scheduled Events

| Sunday | Monday | Tuesday | Wednesday |
|--|---|---|--|
| 1 3pm OCA at the Movies "The Color Purple" (The 2023 Steven Spielberg version) - Clubhouse | 2 1-3pm Labor Day Party - Poolside 1-4pm Mahjong - Community Rm.  | 3 10am Activities Cte. Card Room | 4 2pm The Hub Cte. Community Room |
| 8 | 9 11am Facilities Cte. Community Room | 10 9:30am Architecture Cte. - Card Room 10am Book Club - Library | 11 9:30am Unit Advisors - Clubhouse Auditorium 10am-Noon Crazy Cork Crafts - Art Room 10:30am CRC -Community Room  |
| 15 | 16 9:30am Finance Cte. - Community Room 1-4pm Mahjong - Community Rm. | 17 | 18 10-11:30am Water-color Class - Art Room 6-7pm Fireside Chat - Library 7pm OCA at the Movies "Three Billboards Outside Ebbing, Missouri" - Clubhouse |
| 22 6-7pm Fall Equinox Drum Circle- Poolside  | 23 | 24 | 25 9:30am Open Board Mtg. - Auditorium |
| 29 | 30 10am BOD Exec. Session | Remember: | |

| Every Thursday | Every Friday | Every Saturday |
|--|--|---|
| Coffee Hour: 9am Pickleball Adv Open Play (outdoor) 9:30-11:30am Band-It Fitness 9:30-11am Billiards: 10am-Noon Share & Wear: 10-2pm Discussion Group: 10:30am Ceramics: 12:30-3:30pm Lapidary: 1-3pm Woodshop: 1-3pm Spanish Class: 2-3:15pm Billiards (Private): 6-8pm Sing-Along: 6pm | Water Aerobics 8am Keep Fit: 8:30-9am Pickleball Adv Open Play (outdoor): 9:30-11:30am Tai Chi: 10am-Noon Share & Wear: 10-2pm Hand & Foot: 12pm Ceramics: 12:30-3:30pm Woodshop: 1-3pm Pickleball Open Play (indoor): 12:30-4pm | Pickleball Adv Open Play  |

| Thursday | Friday | Saturday |
|---|---|--|
| 5 9am Coffee Hour - Bingo Clubhouse | 6 | 7 10am-2pm SSS  |
| 12 9am Coffee Hour - Glen Kramer Clubhouse | 13 10am Landscape Cte. Billiards Room | 14 11am-1pm Dog Days of Summer - Dog Park |
| 19 9am Coffee Hour - Robert Parker Clubhouse  | 20 | 21 |
| 26 9am Coffee Hour - Jimmy & Enrique Clubhouse | 27 | 28 10am-Noon Acrylic Pouring on Canvas - Art Room |

Disclaimer: The information in this edition is subject to change. For updated information, please go to our website at oceanaseniors.org



Things To Do at OCA

- Art Studio** - Wed., 10am-2pm.
Info: Caryn Leventhal 760-518-6982.
- Billiards** -Thurs. 10am-Noon. Warm-Up Tues. 6-8pm. Friendly group for socializing and skills development. **Private Group Play:** Thurs. 6-8pm. Billiards Room.
Info: Lonnie Burrows, 760-433-9481.
- Band-It Small Group Fitness**—Thurs, 9-10:30am. Contact Deborah Schwab 551-206-5862 to sign up. Only six participants per 30 min session.
- Book Club** - Second Tues. each Month 10-11am. In the Library. Info: Jeri Gustafsson 760-754-2911.
- Ceramics Studio** - open every Mon., Tues., Thurs. and Fri. 12:30-3:30pm. Info: Paula McDonald, 760-703-3661, paulamcd@cox.net
- Chair Volleyball** - Mon. 1pm. Clubhouse. Info: Dave Freeman, 818-262-0788
- Cribbage** - Wed. 1-3pm in the Cardroom. We play 2's, 3's and 4's. Info: Rhonda Christopher, 760-231-1808.
- Discussion Group** - Thurs. at 10:30am (following Coffee Hour) in the Library.
Info: Alan Dolit (760) 519-3765.
- Dominos Group** - Tues., 12pm in the Card Room.
Info: Dona White, 760-533-2484.
- Drama Club** - *Currently closed due to play rehearsal.* Info: Tony Schwab 201-739-7521.
- French Club** - Wed., 11am-Noon in the Library.
Info: Diedre Burke, (213) 924-6653 .
- Friends of Bill W.** - On ZOOM Wed. 5pm. Info: Lin Riley, (760) 429-9224, or Linriley@cox.net
- Garden Club** - Meetings on occasion. Info: Lisa Olivero 917-589-2003
- Hand & Foot** - Fridays at 12pm Card Room.
Info: Joan Jeffery, 206-307-7220
- Keep Fit Exercise Class** - MWF 8:30-9am. Auditorium. Info: Don Jones, 760-703-4583.
- Lapidary** - Mon. thru Thurs. 1-3 pm.
Info: John Pitarresi, 760-917-6631.
- Mahjong** -2nd & 4th Mon. 1-4pm. Clubhouse Community Room. Info: Diana Siegel, 760-405-3306
- Pickleball** - Play levels: Open, Advanced Open and Invitation Only. Clubhouse and Outdoors. See OCA website pickleball activity page for specifics. Info: Denny Hanrahan, 760-525-0643 (please leave a message) or Steve Reigle, stevereigle@gmail.com.
- Pinochle** - Mon. 1-4 pm. Card Room. Double or triple deck; 3,4,5 and 6-seat tables. We play for fun.
Info: Rhonda Christopher, 760-231-1808.

- Poker** - Tuesdays 6-8pm. Card Room.
Info: Rhonda Christopher, 760-231-1808.
- Share & Wear:** Tuesdays through Fridays, 10am - 2pm, and first Saturday of the month for "Super Saturday Sale", 10am - 2pm.
Info: Linda Garcia, (760) 470-3562 or Teri Battaglia, (714) 458-6842
- Sing-Along** - Thurs. 6-9pm in the Auditorium. Feel free to bring a snack & a drink.
Info: Glen Hemingway, 760-518-5716.
- Spanish Class** -Thurs. 2-3:15pm. Community Room. Contact Nancy Hildebrand at (760) 638-8809. Class is limited to 12.
- Spanish Club** -Weds. 3:30-4:30pm. Community Room. Contact Erin Quinton at equinton@gmail.com.
- Tai Chi** -Fri. 10am-Noon. Auditorium.
Info: Janice Burrows , 760-277-5139.
- Trivia** -Mon. 6:30-7:30 pm. Card Room.
Info: Colleen Eidson , 760-529-9999
- Water Aerobics** - Mon-Wed-Fri 7:30-8 am and 9 -9:30 am. Info: text Mary Hurban at (209) 834 -6036
- Woodshop** -Mon-Fri 1-3pm.
Info: Jim Romans, 949-742-2311.
- Yoga (Chair)** - Mon. 10-11am. Auditorium.
Info: Peggie Moore, 949-887-4641 or YogaWithPeg@gmail.com

Committee Membership

Continued from Committee Membership page

Unit Advisors Committee

| | |
|----------------------------|--|
| Meets: | 2 nd Wed. ea. Odd-Numbered Month 9am, Clubhouse Auditorium |
| Jeff Kern | Chair |
| Diane Pettibone | Secretary |
| Unit: | |
| 1 Ron Landsel | 760-231-7586 |
| 1A Lynn Schneidenbach | 619-889-4612 |
| 2 (Open) | |
| 3 Laura Bennett | 760-224-2524 |
| 4 Sally Lopez | 760-421-4187 |
| 5 Dr. Andrea Anderson | 510-701-4044 |
| 6 (Open) | |
| 7 Renee Maricque | 920-562-3436 |
| 8 Jeff Kern | 908-420-1853 |
| 9 Phyllis Allinson | 760-809-9551 |
| 10 Judy Hartmann | 909-518-8767 |
| 11 (1-45) MaryAnn Alger | 503-348-9959 |
| 11 (46-77) Diane Pettibone | 760-803-1637 |
| 12 (1-53) Jaci Ackles | 760-845-4612 |
| 12 (54-98) (Open) | |
| 14 Toby Roberts | 760-721-6077 |
| & Kristine Hale | 858-775-4253 |
| Evelyn Thomas | Board Liaison |

Updates From The Isle

EMERALD ISLE GOLF COURSE

SEPTEMBER 2024

ESTABLISHED 1966



Hard to believe that summer is almost over already and we are heading into our Fall and Winter events and tournaments! We had a fantastic summer full of plenty of sunshine, growing the game, and remaining the local Golf Course For Everyone, a title we are proud of here at The Isle. The driving range has been through another incredibly busy season hosting 3 full junior camps, multiple large group style ladies clinics, and so much more. Being a public driving range has its challenges but we truly feel the range is in the best shape it has been in all year long! Even after a busy summer, our staff continues to keep our little slice of Oceanside green and healthy for the premier practice conditions open to everyone every day of the week! Our maintenance staff is heading into what we might consider their “busy” season.

10/21 & 10/22 THE GOLF COURSE WILL BE FULLY CLOSED

The putting greens on the course and the practice green will be aerated (process in which we punch small holes in the greens to allow ventilation, healthy root growth, and deep water saturation) they are then top dressed with sand, watered, and given a break from the mowers for a bit. Typically the greens are fully healed within 2-3 weeks of normal weather. We always appreciate your patience while we do this necessary bi yearly process in order to keep our course and especially our greens healthy, and ready for all of our upcoming fun and events! Make sure to stay up to date with us on our website, social media, and app for dates on music nights, and to stay in the loop of any changes last minute with us here at The Isle.

 **VIEW & SAVE OUR**
MASTER CALENDAR OF
ALL EVENTS UPCOMING
AT EMERALD ISLE GOLF COURSE

 **THE ISLE GRILL MENU**
OPEN DAILY 6:30AM-4:30PM
JOIN US ON THE PATIO FOR
SOME FOOD & DRINKS OR
CALL US FOR A PICK UP ORDER

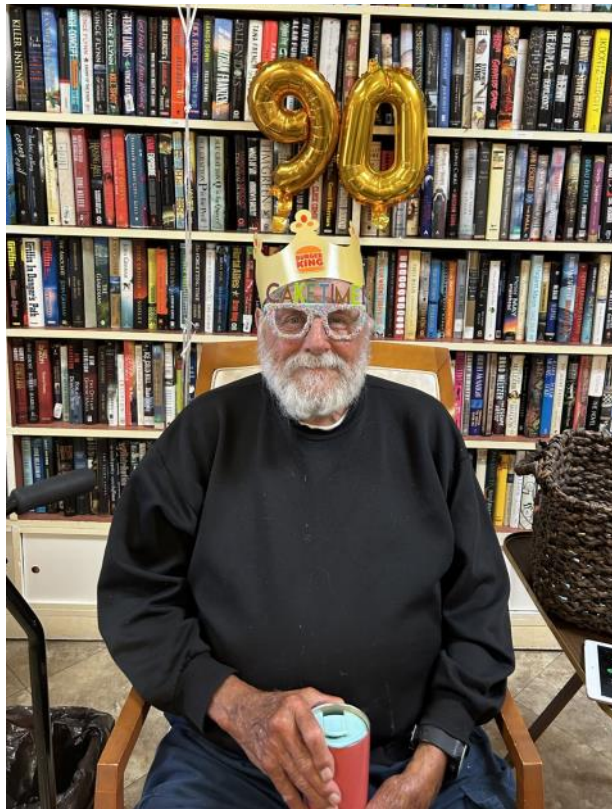
 **BOOK A PRIVATE LESSON**
BOOK A GROUP LESSON
MORE INFO ABOUT OUR
DIRECTOR OF INSTRUCTION
NATALIE VIVALDI, PGA 

Notices & Reminders



Happy Birthday, Alan Dolit!

Ninety Years Young



A Notice to Residents

Let's help those confused delivery people!

If you receive a package that was delivered to you in error, please drop it off at the office to be redirected to the right address. If you know where the correct address is, and you're able, you could also deliver it yourself. Your neighbors will thank you!

Sean O'Connell



We are Looking for Workshop Instructors

Do you have a craft or hobby you are willing to teach your neighbors? If so, please contact Caryn ASAP!

Plus...Art Room new hours: Every Wednesday 10am-3pm and the 2nd & 4th Saturday of each month. Any questions, call:

Caryn at 760-518-6982 or Mary at 745-595-4138

Class Discontinued

The Groove Dance Class is discontinued. I thank all the students for making me very happy every Wednesday morning. You always filled my heart. I encourage you to keep on moving!

Deborah Schwab

Oceana Chair Volleyball

You can fasten your seat belts. We must all stay seated. We play with a beach ball so it does not harm your hands or heads. Wheelchairs and walkers are welcome. It is good upper body exercise.

We play on Mondays at 1:00 pm in the (air-conditioned) auditorium for an hour. We need more able-bodied and disabled players!

Dave Freeman
dave@no-wimp.com
818-262-0788

Pool & Spa Hours Reminder

Residents

Summer Hours - 7:00 am to 9:00 pm
Winter Hours - 7:00 am to 7:00 pm

Guests

11:00 am to 1:00 pm
3:30 pm to 4:30 pm

All guests must be accompanied by a resident at all times.

NO EXCEPTIONS

NOTE: The pool is closed any time there is an outdoor event poolside, from one hour before the event until the event is over.



Oceana Good Neighbor Fund

OGNF Annual Elections Meeting:

We
Need
You!

Wednesday
Sept. 11, 10:30am
Community Room

Do you want to help improve the Oceana lifestyle and assist your neighbors who may be facing a financial emergency?

Mark your calendars and please attend OGNF's Annual Elections Meeting on Wednesday, Sept. 11, in the Clubhouse Community Room. At that time, we will fill the Board of Directors for 2025 and add volunteers to help carry out our mission.

OGNF needs:

- A new Secretary (no experience needed, we will train you!)
- Additional Board members to help administer our emergency grant program
- Volunteers for ad hoc projects such as grant funding research and applications

OGNF's emergency grant program is a 6-month pilot running from August 1, 2024 through January 2025. Grants of up to \$100 per household are available to low-income Oceana residents. As this article is being written in late July, we know of several Oceana residents just waiting for the 8/1 start date to submit their applications. We hope this small beginning swells to a wave of support for our community!

We've also received generous financial donations from Oceana residents (as a 501(c)3 non-profit organization, your donations are tax deductible to the full extent allowed by law). We are able to accept both personal checks and online payments through Zelle®.

For complete information on applying for a grant, please drop into the Community Resource Center (CRC) office, email info@OGNF.org, or visit www.OGNF.org. There you'll also find ways to help OGNF fulfill its mission:

Providing emergency cash grants to qualified Oceana residents from OGNF funds

Working with the Oceana HOA to access additional grant funding for projects (such as infrastructure improvements) that may enhance our Oceana lifestyle while keeping HOA costs down

Join us on September 11 and help us help you!

OGNF Board of Directors

Did You Know?

September 19

Embrace your inner swashbuckler. Use pirate slang and colloquialisms.



Established in 2002, International Talk Like a Pirate Day has grown in popularity and now attracts participants from across the globe. It promotes good humor and camaraderie among pirate enthusiasts, and often involves costumes, pirate-themed games, and events.

The day traces to a conversation between two friends, John Baur and Mark Summers, in 1995. The pair decided to create a day dedicated to talking like pirates and chose September 19th as the date. Since then, the celebration has gained widespread media attention and recognition, with Americans taking part alongside participants from countries around the world. The festivities often involve media campaigns and charity fundraising events.

In the United States, International Talk Like a Pirate Day is celebrated with various activities such as pirate-themed parties, parades, and gatherings at pubs and bars. Participants are encouraged to dress like pirates and use pirate slang throughout the day. The pirate theme even extends to sports events, where fans may adopt a pirate persona to cheer on their teams.

Facts

- International Talk Like a Pirate Day has its own official website that offers a free pirate-party kit and a world-wide map of International Talk Like A Pirate Day parties.
- The "Golden Age" of piracy is popular internationally and there's no better evidence of that than the popularity of Disney's Pirates of the Caribbean franchise. Fronted by Johnny Depp as Jack Sparrow, the series has grossed \$4.5 billion worldwide.
- The holiday is often used as a fun, whimsical way to emphasize the importance of fluency in multiple languages within the American educational system.
- The pirate accent, as it exists in popular culture, largely comes from Disney's 1950 film of Robert Louis Stevenson's "Treasure Island", featuring actor Robert Newton's strong West Country English accent.

Activities Recap

July 2024

July 4th Celebration & BBQ

Following the Oceanside Fireworks display on July 3rd, Oceana had burgers, sausages, home-made chips, salad, and ice cream drumsticks on the 4th of July. What more would a person want to eat while celebrating our country's Independence Day? The pool side celebration had red, white and blue decorations everywhere! The music was good and had people dancing by the end of the event.



It was another great Oceana/Oceanside afternoon!

Hot Pursuit Poolside

For Oceana's 4th Poolside Concert of the summer, the duo of married couple Delene St. Claire and Barry Cahill were back again to put on



an outstanding program for a Wednesday pool side event at Oceana.

Familiar 60's and 70's music (e.g., lots of Beatles and Beach Boy songs) and some Jimmy Buffett music was heard around the pool area. Barry plays several instruments and Delene sings and adds her guitar playing to their concert. Everyone thoroughly enjoyed the lovely southern California evening.



Take Me Out to the Ballgame

Oceana had their own fun Major League Baseball All-Star event the same weekend MLB had their All-Star Game and Home Run Derby. After eating traditional baseball refreshments (hot dogs, chips, peanuts, Cracker Jacks, and beer/wine/sodas), Charlie Wendt led a couple of Oceana events. The events were Home Run Derby (hit a pickleball off a tee and up onto the stage curtain) and a



Pitching Contest (throw the pickleball into a target area net). We asked all the participants to pick a fun nickname for these events. Each event had two divisions: Novice and Open.

Home Run Derby Novice Division was won by Karin "Yo" Messaros. In the finals, she narrowly defeated Carole "Cubbie Carole"



Home Run Derby Open Division was won by Bob "Doc" Rupp. He just beat out Dave "the Dave" Freeman and Rich "Rapid Rich" Freeman with the scores of 15 to 12.



Grayson and Tain "Tasmanian Tain" Soreboe by 1 and 2 points. Very close competition!

Pitching Contest Novice Division was won by "Double Winner" Karin "Yo" Messaros. She beat Donna "Buckeye" Wendt and Alice "All Star" Symons by only 1 point 10 to 9.

Pitching Contest Open Division winner was White Sox fan Jim "Jimbo" Skrudland scoring 8 points with Dan "Dan the Man" Malone only a point behind.

The final competition was for "Best Dressed". The team of Alice "All Star" Symons and Susie "Tinker



Bell" Leary won by applause over the Chicago Cubs duo. Both teams were well dressed... but it probably did not hurt having a San Diego crowd to pick the Padres dressed winners.



July Coffee Hour

Coffee Hour in July had another great month of different presentations and entertainment.

In case you are not aware of our Thursday morning Coffee Hour events, you are missing out on some good entertainment, good coffee/soda and donuts and good fellowship with your Oceana neighbors. We gather between 8:30 and 9:30 am when you pick up a beverage (yes, we also offer sodas) and food of choice (only \$1 each). At 9:30 announcements of upcoming events at Oceana are provided (plus some fun stories and a few jokes). At 9:45 the fantastic entertainment and fun begins. Please join us on Thursdays if you can. The following are the great events and entertainers we had this past month.

John Scott with Brian Otto



John was kidding that Brian is currently "out on bail." We are glad he was as he is the rhythm guitar player of this duo. They specialize in good smooth, easy going music to sit back and listen to. Many of the songs are originals that John has written or co-written with one of his music friends. We heard "I Can't Take it No More", "Don't Call Me Johnny", "Good Life" and many other songs this "lazy" Thursday morning.



Clay Colton Duo & Gary Piro

Clay, partner Gary and Gary's son Joey (on the cajon) played an assortment of Number 1



Billboard Hits from the past. They have broken the 150 hits that they have in their repertoire into decades and started with some of the rare ones in the 50's

and 60's. Some of the songs we heard were "Tennessee Waltz," "Jambalaya," "Folsom Prison Blues," "Blue Suede Shoes," "She Loves You," and "Pretty Woman." Clay kidded with us that it is not their fault if we do not like some of the songs... after all they were all Number 1 hits.



Celeste

Celeste provided "Summertime" music for her theme this morning. She has this wonderful contra-alto voice that is so smooth. Some of the tunes she sang were: "Time of the Season," "Sumer Breeze," "Garden Party," "Johnny B. Goode," and "Under the Boardwalk." Some new residents were welcomed into the Oceana Coffee Hour group.



Committee & Club Reports

Art Studio

WOW.. can't believe July is already over... we have been busy creating gorgeous works of art and learning a ton along the way!

This month we did a decoupage project on battery operated flicker candles and vases to beautify our homes, we



Decoupage



Decoupage

in-creased our watercolor painting techniques, knowledge and know how and painted birds, and last but not certainly least, we added a ton of color and pop in our lives with tie dye!!! Be sure to check out our photo collage below. Most importantly.. we had fun along the way with lots of oohs and ahhs and laughs!!

A huge and special thanks to resident Carol Finkas for not only being an incredible watercolor teacher but for her amazing and generous donation of the watercolor supplies.. every student got to keep their own paint palette filled with paint and a brush!



Water Color

A shout out to Stacey Bacon-Smith of Fit to be Tied, a tie dye expert and teacher. It is such a fun party idea to consider for your next event! Be sure to check out her website ..you will be amazed of what you can do!



Tie Dye

<http://www.fittobetied.biz>

Be sure to check out this month's calendar for our upcoming classes. Plus a new watercol-



Tie Dye



The Goodies

or series is on the horizon so be sure to follow the ebcasts for details!

The art room is open every Wed from 10-2 so if there isn't a class in session feel free to come by and get creative with us!

A real sense of community and friendship is cultivated here in the Art Room.. can't wait to see you!

Have a craft you would like to learn or teach, please reach out to Caryn at 760-518-6982 and she will do her best to make it happen!

Caryn Leventhal
carynnicole30@yahoo.com

Garden Club

Exciting news for the Oceana Garden Club!!

We now have an owl house in place.

Thank you to Kim for the idea, Mark, for building it and Peter who climbed the ladder to position the house high in the tree.

The owl house placement was a strategic effort to invite a natural predator to help control the population of mice, rats, squirrels, and other pests that have been invading our crops.

Owls, being natural hunters of these vermin, can play a significant role in maintaining the ecological balance of our garden. We encourage everyone to cross their fingers and eagerly wait for an owl to move into its new home. If successful, this innate form of pest control will not only protect our crops





but also enhance the biodiversity of our garden. Thank you once again to Mark and Peter for their efforts

in securing it in the tree. Let's all stay hopeful and look forward to the beneficial impact this will bring to our garden community.

Lisa Olivero

The Barn Owl

Barn owls can be seen flying around and perched in trees here in Oceana, mainly in the early mornings and in the late evenings. These magnificent owls are a medium size raptor/bird of prey. They are amazing nocturnal hunters. As they perch in the trees, they can be heard making a screaming call, rather than a hooting sound. They are 'frequent flyers' along Vista Campana north, and at the back of unit #2, and in and around our garden plots.

Whilst walking our puppies, many times the puppies can sense the owls flying from behind us well in advance. As the owls approach we all turn around, look up, then freeze. We watch in awe as the owl flies just a few feet above us, only to turn around and fly back, so close you can feel the powerful draught from their stunning wingspan. This is just another magical wildlife moment of the incredible nightlife here in Oceana. Our new owl house will be a great asset to Oceana's Garden Plots. Thank you so much for this beautiful donation.

I captured the image of a Barn Owl, ~ Evening Flight ~, shown on the cover, late in the evening in unit #2, giving a dazzling flying display. Beauty at its finest.

Anthony Kay
Secretary
Oceana Garden Club

Ceramics Studio

Retirement

Have you heard the phrase from Ecclesiastes, "To everything there is a season, and a time for every purpose under Heaven"? My time as the lead in the Ceramics Studio has come to an end due to moderate osteoarthritis effecting my hands, elbows and shoulders. I am no longer able to create on the wheel or hand build because of pain and mobility issues. For any of you who have this situation (who

doesn't to some extent as we age?!) you have to learn to do things differently in your day to day activities to stop overuse and slow down progression of this disease of "wearing out our parts". That said, we have three members who will share the responsibility of keeping things running smoothly. Studio hours and days listed in the Hilltop Highlights remain the same. Inquiries can be made to Paula McDonald, studio contact at 760-703-3661 or by email to paulamcd@cox.net. Stop by if you are interested in joining in on the clay fun or if you have any questions. Thanks for all the community support you have given to me on my watch these past few years.

Sincerely,
Lynn Schneidenbach

Community Resources Center

Veterans' Corner

Connect the Vets - 1st Tuesday

The San Diego Department of Veterans Affairs "Connect The Vets" program provides a safe and comfortable social gathering for fellow veterans to "connect". The VA incorporates the foundation, "you're not alone" and "we've got your back!" All Veterans from all eras and branches are welcomed. Come for some coffee, share a "war story" or two, and meet with other Veterans. Fight loneliness with a healthy dose of camaraderie!

Connect the Vets meets every first and third Tuesday of the month from 9:00am to 11:00 am at the Jennifer Moreno VA Medical Center (The La Jolla VA Medical Center). Participate as much as you like. See you there!

Where: Jennifer Moreno Department of Veterans Affairs Medical Center (The La Jolla VA Medical Center). Conference Room 1525 (Near Health Benefits Enrollment)
3350 La Jolla Village Drive,
San Diego, CA 92161

Cost: Free

Meeting Dates:

Tues. Sep 5, 2024, 9:00 am - 11:00 am PT
Tues. Oct 3, 2024, 9:00 am - 11:00 am PT
Tues. Nov 7, 2024, 9:00 am - 11:00 am PT
Tues. Dec 5, 2024, 9:00 am - 11:00 am PT
Tues. Jan 2, 2025, 9:00 am - 11:00 am PT

Evelyn Thomas





Thanks to Our Volunteers!

WARNING

When you drink Vodka over ice, it can give you kidney failure.
 When you drink Rum over ice, it can give you liver failure.
 When you drink Whisky over ice, it can give you heart problems.
 When you drink Gin over ice, it can give you brain problems.
 Apparently, ice is really bad for you;
warn all your friends!!!



COVID-19 Info Sites

Federal:

The Centers for Disease Control
www.cdc.gov

State:

CA Department of Public Health
www.cdph.ca.gov
 CA Department of Aging
www.aging.ca.gov/covid19

San Diego County:

www.sandiegocounty.gov/coronavirus

City of Oceanside:

www.ci.oceanside.ca.us/gov/fire/home/coronavirus.asp

Highlights Puzzle Answers

1. **Roberts** cabins on the Strand
2. **Sunset Market** - held on Thursday evenings.
3. **Osider**: the name of the magazine filled with photos and Oceanside restaurants.
4. **Sanchos**: Anita's favorite place to go to eat a Flaco Taco
5. **Farmers Market**, held on Thursday mornings
6. Sunshine **Brooks**: the Oldest theatre in Oceanside
7. **Sanchez**: Last name of Oceanside's Mayor.
8. **Valle**: Oceanside's only Michelin Star restaurant.
9. **Bandshell**: Erected in 1919 on the beach just south of the pier.
10. **Swamis**: Restaurant on corner of Mission and Coast Hwy.
11. Oceanside **Beach** extends from San Luis Rey River to Buena Vista Lagoon
12. **OMA**: Short for Oceanside's place to see a photography art show.
13. **Star**: Originally was a movie theater back in the 50's & 60's.
14. **Pier**: Structure that caught on fire in May.
15. **Coaster**: The train that takes you to San Diego from Oceanside.
16. Museum for historical **Surf** boards.
17. **Sprinter**: The train that travels west to east, from Oceanside to Escondido.
18. The military base that is north of Oceanside is called **Camp** Pendleton.
19. **Anitas**: There are two of these restaurants in Oceanside, Coast Hwy and ECR.